

When the natural balance of good and non-obligate beneficial bacteria in your digestive tract is disturbed, your digestive health is open to a host of potential concerns. **Culturelle**,® with the most clinically studied probiotic,^{††} *Lactobacillus* GG, and inulin, a known prebiotic, naturally promotes a healthy balance in your digestive tract.*



Take Culturelle daily to:

- Help boost digestion and overall digestive health*
- Help reduce the likelihood of gas and bloating*
- Help support the immune system and general well-being*
- Help minimize travel-associated stomach and digestive issues*

Culturelle is safe for everyday, long-term use.

Suggested Use for Adults:

As a dietary supplement, take one (1) capsule per day to support digestive and immune health.

Continued daily use is suggested. If experiencing occasional digestive upset, two (2) capsules daily (take one (1) in the morning and one (1) at night) until discomfort subsides.

When traveling, take two (2) capsules daily (one (1) in the morning and one (1) at night) throughout the trip. Best results if started two to three days prior to travel.

KEEP OUT OF REACH OF CHILDREN. Inform a healthcare professional before starting any dietary supplement, particularly if there is a known immune-compromised condition.

For children over 1 year of age,

Try Culturelle® Kids Packets & Chewables!

Supplement Facts

Serving Size: One (1) Capsule

	Amount Per Serving	% Daily Value**
Vitamin C (as sodium ascorbate)	3 mg	5%
<i>Lactobacillus</i> GG	10 billion CFUs	†
Inulin (Chicory root extract)	200 mg	†

** Percent Daily Values are based on a 2,000 calorie diet.

† Daily Value not established.

Other ingredients: hydroxypropyl methylcellulose, sucrose, maltodextrin, vegetable magnesium stearate, titanium dioxide (color), and silicon dioxide.

Distributed by I-Health, Inc.
55 Sebethe Drive, Cromwell, CT 06416

Contains **none** of the following: synthetic colors, preservatives, yeast, wheat or soy.

*****Guaranteed potency through date on box when stored according to instructions below.**

Storage Instructions: Store Culturelle in a cool, dry place away from direct sunlight. Keep Culturelle at room temperature or below.

††Based on the number of *Lactobacillus* GG clinical studies, as of May 2015

For questions, concerns, or to report an adverse event, please call 1-800-722-3476

www.Culturelle.com

***THESE STATEMENTS HAVE NOT BEEN EVALUATED BY THE FOOD AND DRUG ADMINISTRATION. THIS PRODUCT IS NOT INTENDED TO DIAGNOSE, TREAT, CURE OR PREVENT ANY DISEASE.**

Guarantee of Purity & Potency

The *Lactobacillus* GG strain (*Lactobacillus rhamnosus* GG – ATCC 53103) was discovered in 1985 at Tufts University in Boston, MA. Considered the premier probiotic in the world, *Lactobacillus* GG has been the subject of over 1000 scientific studies.

Culturelle® is the only dietary supplement brand with 100% *Lactobacillus* GG. We certify that our products meet the highest standards of purity and potency. Unlike some products which measure the number of probiotic cultures at time of manufacture, **Culturelle**® guarantees the stated number of live naturally sourced *Lactobacillus* GG cultures through the expiration date on the package.**

Culturelle® It's #1 for a Reason.†

† Nielsen, xACC 92 weeks, unit/dollar sales ending 1/23/16.



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Once daily **vegetarian** capsules

DIETARY SUPPLEMENT

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Now 100% Vegetarian

With the #1 Clinically Studied Probiotic**

Culturelle®

Digestive Health

Daily Probiotic Formula

Helps your digestive system work better*

Restores the natural balance of good bacteria in your digestive tract*

Helps with occasional digestive upset, including diarrhea, gas and bloating*