



beyond fresh™

earth fresh

Organic Seeds & Sprouts
Master Blend



Natural Flavor

ORGANIC INGREDIENTS: flax seed, chia seed, amaranth sprout,
alfalfa sprout, buckwheat sprout, millet sprout, oat fiber



NET WT. 6.35 OZ. (180 g) / 30 SERVINGS / DIETARY SUPPLEMENT

beyond fresh™

Beyond Fresh™ quality natural supplements are in many ways superior to buying fresh fruits, vegetables and superfoods as found in your local grocery store aisles.*

- The finest certified USDA Organic farm-fresh produce that's **picked and harvested at the peak of ripeness, flavor and nutrient density.***
- Advanced proprietary technologies lock in all of the valuable **vitamins, minerals, phytonutrients and enzymes.***
- **Exceptional convenience and year-round accessibility** that traditional "juicing" just can't offer.*
- Beyond Fresh is the complete do-it-yourself **superfoods smoothie system that's better than fresh!***

Earth Fresh Organic Seeds & Sprouts – For the ultimate combination of super food ingredients and healthy fiber, this Beyond Fresh seeds and sprouts blend delivers energizing nutrition to your whole food smoothie. The blend of ultra-fresh sprouts like amaranth and alfalfa, plus plus chia and flax seeds, provide dietary fiber, healthy omega-3s and plant protein. For instance, chia seeds were known as "runner's food" for powering the legendary long distance runs of the Tarahumara Indians and prized by the Aztecs as fuel for warriors and cross-empire messengers. Because of its natural fiber content, Earth Fresh Seeds & Sprouts may enhance weight management by providing satiety and satisfaction. It is also rich in antioxidants to neutralize free radicals for heart health, plus minerals that promote healthy skin, bones and teeth.*

Build Your Personalized Smoothie!

This Earth Fresh "Master Blend" of seeds and sprouts is a great to blend with one of our wholesome Beyond Fresh "Base Powders." Include a benefit-based "Booster" of your choice and enjoy a delicious, nutritious drink that's more convenient than juicing!*



DIRECTIONS: Add 1 scoop to your favorite food or beverage or add to 6-8 fl. oz. of water and mix well.

Supplement Facts

Serving Size: 1 Scoop (6 g) Servings Per Container: 30

	Amount Per Serving	% Daily Value
Calories	20	
Calories from Fat	15	
Total Fat	1.5 g	2%†
Total Carbohydrate	3 g	1%†
Dietary Fiber	3 g	12%†
Sugars	0 g	‡
Protein	<1 g	2%†

Proprietary Fiber Blend: 6 g ‡
providing 700 mg Omega-3 (ALA)

Perfect Seeds & Fiber Blend:

Organic flax seed, organic oat fiber, organic chia seed, organic apple peel, organic gum acacia

Sprout Blend:

Organic amaranth sprout, organic alfalfa sprout, organic buckthorn sprout, organic millet sprout

† Percent Daily Values are based on a 2,000-calorie diet.

‡ Daily Value not established.

- Keep out of reach of children.
- Protect from heat, light and moisture.
- Store in a cool, dry place.
- Do not use if seal is broken.



©2017 Windmill Health Products®.
All rights reserved.

Item # N9896
31015841802

Distributed by:
Windmill Health Products®,
10 Henderson Drive,
West Caldwell, NJ 07006

Certified Organic by QAI.

beyondfresh.com

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.



LACTOSE FREE

SOY FREE

GLUTEN FREE

Expiration date & lot number.



Made in the USA