

- GREEN TEA
- WHEAT GRASS
- SPIRULINA
- MATCHA TEA
- BARLEY GRASS
- ALOE VERA
- CRANBERRY
- KALE
- CHLORELLA
- BLUEBERRY
- TART CHERRY
- SPINACH
- BEETS
- GINSENG
- VITAMIN C
- VITAMIN B12

- Protect from heat and moisture.
- Do not use if seal is broken.



ENERGY REDS

HEALTH & ENERGY

14 Super Foods Vitamin C & B12



TART CHERRY FLAVOR

10 TABLETS

DIETARY SUPPLEMENT

Supplement Facts

Serving Size: 1 Tablet

	Amount Per Serving	% Daily Value
Calories	5	
Total Carbohydrate	<1 g	<1%*
Dietary Fiber	<1 g	2%*
Vitamin C (as ascorbic acid)	250 mg	278%
Vitamin B12 (as cyanocobalamin)	250 mcg	1042%
Sodium (as sodium bicarbonate and sodium carbonate)	410 mg	18%
Greens Blend:	700 mg	‡
Beets, Microcrystalline Cellulose, Green Tea Extract (100 mg caffeine), Spirulina, Matcha Tea, Barley Grass, Aloe Vera Leaf Juice, Cranberry, Kale, Chlorella, Blueberry, Tart Cherry, Spinach, American ginseng extract		

*Percent Daily Values are based on a 2,000 calorie diet.
‡Daily Value not established.

Other ingredients: Citric acid, natural flavor, maltodextrin, L-leucine, rebaudioside A, canola oil, silica and magnesium stearate.

DIRECTIONS: Add 1 tablet to 8 fl. oz. of water and allow to effervesce.

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