



PROTEIN COOKIE & BAKING MIX

DOUBLE CHOCOLATE



**10_G
PROTEIN**

PER 42g SERVING
(2 COOKIES)

**CURB CRAVINGS
GUILT-FREE**

**NO
GMOs**

**NO
ARTIFICIAL
INGREDIENTS**

NET WT. 9 OZ (255 GRAMS)

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www.flapjacked.com



INGREDIENTS: Milk Chocolate (Sugar, Whole Milk Powder, Chocolate Liquor, Cocoa Butter, Milk Fat, Soy Lecithin, Natural Vanilla Flavor), Organic Cane Sugar, Whey Protein Concentrate, Whole Oat Flour, Pea Protein, Cocoa Powder, Light Brown Sugar, Xanthan Gum, Natural Flavor, Baking Soda, Salt, Stevia Extract.

MANUFACTURED/DISTRIBUTED BY:
@JaceyCakes, LLC, Westminster, CO 80234

MADE IN AMERICA

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- BAKING INSTRUCTIONS:**
- 1 Preheat** oven to 350°F (175°C).
 - 2 Whisk** eggs, water, and butter in a medium sized bowl until creamy. Using a spoon, gradually stir in dry cookie mix until combined. Drop dough by rounded tablespoon (2 inches apart) onto ungreased baking sheet.
 - 3 Bake** for 9–11 minutes or until edges are set.
 - 4 Cool** on baking sheets for 2 minutes; remove to a wire rack to cool completely.
 - 5 Enjoy!** Makes 12 delicious, hunger-busting cookies.

WHAT YOU'LL NEED:
2 eggs
6 Tbsp butter
2 Tbsp water
1 bag of Flapjacked Double Chocolate Cookie Mix

PROTEIN COOKIE MIX

- Hunger** It Helps Us
- Curb Fat** It Fuels Our
- Burning** It Promotes Our
- Growth** Muscle
- Energy** It Increases Our

WHY DOES FLAPJACKED LOVE PROTEIN?

Nutrition Facts	
Amount per serving	
Serving size 1/4 cup mix (42g)	
6 servings per container	
Calories	170
% Daily Value*	
Total Fat 4.5g	6%
Saturated Fat 2.5g	13%
Trans Fat --g	
Cholesterol 10mg	5%
Sodium 170mg	7%
Total Carbohydrate 24g	9%
Dietary Fiber 2g	7%
Total Sugars 19g	
Includes 18g Added Sugars	36%
Protein 10g	
Vitamin D --mcg	--%
Calcium 48mg	4%
Iron 2mg	10%
Potassium 266mg	6%

*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Calories per gram:
Fat 9 • Carbohydrate 4 • Protein 4

-The Bacon Family

We started Flapjacked as a convenient way to properly fuel our family for the day. That's why all our products are easy to make, GMO-free, and always fortified with protein having to compromise on eating clean. We hope you check out our entire line of delicious protein-packed products such as pancakes, muffins, smoothies and more at www.flapjacked.com.

