

**USAGE:** For children ages 4 and up, chew 2 gummies per day (1 gummy twice per day) with meals or as directed by your qualified healthcare professional.

Jarrow Formulas® Yum-Yum PS100 Gummies deliver 100 mg phosphatidylserine per serving in a delicious gummy. Phosphatidylserine (PS) is a natural phospholipid that is an essential component of cell membranes.\* PS promotes brain function by helping to maintain neuronal membrane fluidity to support cell-to-cell communication, which is essential for cognition, mental performance, attentiveness and reaction time.\* PS may be beneficial during stress because it can modulate the release of cortisol, a catabolic stress hormone.\*

Sharp-PS® is a registered trademark of Enzymotec Ltd.

**Keep out of the reach of children.**

\* These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

06114PSGUM    PROD # 132006



Distributed Exclusively by:  
**Jarrow FORMULAS®**  
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Lot #. Best Used Before:

**Jarrow**  
FORMULAS®

Phosphatidylserine

**Yum-Yum**

**PS100**

**G U M M I E S**

Promotes Brain Function\*

**60**  
GUMMIES

DIETARY  
SUPPLEMENT



strawberry  
flavor



vegan



## Supplement Facts

Serving Size 2 Gummies

Servings Per Container 30

	Amount Per Serving	% DV*
Calories	15	
Calories from Fat	0	
Total Fat	0 g	0%
Saturated Fat	0 g	0%
Trans Fat	0 g	†
Cholesterol	0 mg	0%
Total Carbohydrate	4 g	1%
Sugars	4 g	†
Dietary Fiber	0 g	†
Sodium	0 mg	0%
<b>Phosphatidylserine</b>	<b>100 mg</b>	<b>†</b>

\*Percent Daily Values based on 2,000 calorie diet.

†Daily Value not established.

Ingredients: Sharp-PS® Green (sunflower lecithin, maltodextrin, silicon dioxide and antioxidant blend), cane and/or beet sugar, glucose syrup, citrus pectin, citric acid, lemon juice, medium chain triglycerides (from palm and/or coconut oil), adipic acid, sodium citrate, natural strawberry flavor, black carrot or beta carotene, carnauba wax and water.

No wheat, no gluten, no soybeans, no dairy, no egg, no fish/shellfish, no peanuts/tree nuts.

Store in a cool, dry place. Do not refrigerate.

Suitable for vegetarians/vegans.

