

**Doctor's Best Curcumin with Curcumin C3 Complex® and BioPerine®** contains a potent standardized extract of *Curcuma longa* root, known as turmeric. Turmeric has centuries of tradition in Ayurvedic healing. The active ingredients in *Curcuma longa* are curcuminoids, compounds that demonstrate potent antioxidant properties in scientific studies.\* Curcuminoids may benefit the joints, brain, heart and circulatory system by helping to neutralize free radicals.\*

BioPerine® is an extract of Black Pepper fruit that contains 95-98% piperine as a natural bio-enhancer to promote absorption.\*

**Helps protect cells and tissue by fighting free radicals\***

**Helps prevent connective tissue breakdown by inhibiting destructive enzymes\***

**BioPerine® helps promote absorption of nutrients in the GI tract\***

\*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.



YDRB107-3



**Dietary Supplement**

**Doctor's BEST®**

**Science-Based Nutrition™**

**High Absorption. Curcumin**  
**from Turmeric Root**  
**with CURCUMIN C3 COMPLEX® and BIOPERINE®**

**MAY BENEFIT THE JOINTS BY HELPING NEUTRALIZE FREE RADICALS\***

**500 mg / 120 Capsules**

## Supplement Facts

Serving Size 2 capsules  
Servings per container 60 servings

	Amount per serving	% Daily Value
Turmeric root ( <i>Curcuma longa</i> ) (Curcumin C3 Complex®) Standardized to >95% Curcuminoids Including: Bisdemethoxy Curcumin (2.2 - 6.5%) Demethoxy Curcumin (15 - 19%) Curcumin (75 - 81%)	1000 mg	†
Black pepper fruit extract ( <i>Piper nigrum</i> ) (BioPerine®)	6 mg	†

† Daily Value not established.

**Other Ingredients:** Gelatin (capsule), rice powder, magnesium stearate (vegetable source).

**Suggested Adult Use:** Take 2 capsules daily with food, or as recommended by a nutritionally-informed physician.

**Non-GMO / Gluten Free / Soy Free**

Store in a cool dry place.

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Manufactured for **Doctor's Best, Inc.**

California, USA

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