SENERGY-SUPPORTING NUTRIENTS*



Perfect Energy is an ideal wholefood cultured multi formulated with nutrients to help maintain your healthy energy balance, since even marginal nutrition depletion can affect energy levels.*



Eight whole-food cultured B Vitamins convert proteins, fat and carbohydrates into energy, and support mitochondria, the cellular powerhouses, in providing energy for daily activities or workouts.*



Cultured Vitamin D3 supports bone health, and whole-food sourced Vitamin K2⁺ supports healthy Calcium metabolism.*



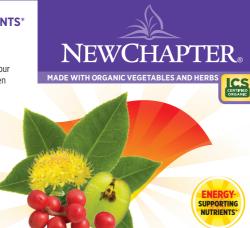
Select blends of complementary herbs long used traditionally include organic Maca, organic Green Tea, and organic American Ginseng.



Perfect Energy is a complete multivitamin with 22 whole-food cultured vitamins and minerals formulated to promote health and vitality.*

GLUTEN FREE

† Not a sole source of this nutrient; a healthy diet is also important



perfect energy MULTIVITAMIN

Whole-Food Cultured Multivitamin with Nutrients for **Balanced Energy***5

Can be taken on an empty stomach

72 Vegetarian Tablets
DIETARY SUPPLEMENT

Supplement Facts

Serving size 3 Tablets Servings per container 24

Amount per serving		%DV
Vitamin A (100% as beta-carotene from culture media)	5000 IU	100%
Vitamin C (as ascorbic acid from culture media)	75 mg	125%
Vitamin D3 (as cholecalciferol from culture media)	1000 IU	250%
Vitamin E (as d-alpha-tocopheryl acetate from culture media)	30 IU	100%
Vitamin K (as phylloquinone [K1] from culture media	80 mcg	100%
and as menaquinone-7 [K2] from natto)		
Thiamin (as thiamine hydrochloride from culture media)	9 mg	600%
Riboflavin (from culture media)	10 mg	588%
Niacin (as niacinamide from culture media)	20 mg	100%
Vitamin B6 (as pyridoxine hydrochloride from culture media)	10 mg	500%
Folate (as folic acid from culture media)	400 mcg	100%
Vitamin B12 (as cyanocobalamin from culture media)	30 mcg	500%
Biotin (from culture media)	300 mcg	100%
Pantothenic Acid (as calcium D-pantothenate from culture media)	20 mg	200%
Calcium (from algae Lithothamnion [L. calcareum and L. corallioides])	20 mg	2%
lodine (as potassium iodide from culture media)	90 mcg	60%
Zinc (as zinc oxide from culture media)	7.5 mg	50%
Selenium (as selenium dioxide from culture media)	100 mcg	143%
Copper (as copper sulfate anhydrous from culture media)	750 mcg	37%
Manganese (as manganese chloride from culture media)	2 mg	100%
Chromium (as chromium chloride from culture media)	120 mcg	100%
Molybdenum (as sodium molybdate from culture media)	10 mcg	13%

Dynamic Energy Blend

Organic Maca (root) aqueous extract, Organic Schizandra (berry)
from culture media, Organic Green Tea (leaf) aqueous extract. Organic Turmeric

mom culture meaia, urganic creen lea quest) aqueous extract, urganic lummeric (rhizome) powder from culture media, Organic American Ginseng (rood) from culture media, Rhodiola (rood) hydroethanolic extract, Organic Cardamom (seed) from culture media and Organic Turmeric (rhizome) supercritical extract

Grape (seed) aqueous extract

Ginger (rhizome) hydroethanolic extract

8 mg

Organic Ginger (rhizome) supercritical extract

2 mg

- Creganic Ginger (rhizome) supercritical extract

Daily Value (DV) not established

Other ingredients: Culture media (organic soy flour, organic gum acacia, organic Saccharomyces cerevisiae, organic mallodestrin, organic orango peel powder, organic carrot powder, organic affalfa powder, organic molasses, papani (deactivated), bromelain (deactivated), lactic adi bacteria [J. acidiophilus, B. hidfurun, L. rhamoussy) and organic safflower oil), organic maltodextrin, organic gum acacia, silicon dioxide, maltodextrin, lar resin, camaulow awx. manoesium ordie and manosium activonate.

Contains: Fermented soy and fermented wheat (as food source for Saccharomyces cerevisiae). I The wheat has been processed to allow this food to meet the Food and Drug Administration (FDA) requirements for gluten-free foods.

Distributed by NEW CHAPTER, INC., 90 TECHNOLOGY DRIVE, BRATTLEBORO, VT 05301 For questions or comments call 888-874-4461

Certified Organic by International Certification Services, Inc., Medina, ND, USA

New Chapter® Whole-Food Probiotic-Cultured Multis: More Than Food Supplements, They're Supplemental Food.™

PROBIOTIC-CULTURED
Fermented with Beneficial Live Probiotics

NON-GMO PROJECT VERIFIED

Made with Organic Vegetables <mark>and H</mark>erbs

WHOLE-FOOD COMPLEXED

Can Be Taken on an Empty Stomach

Suggested use: Three tablets daily.

Can be taken anytime, even on an empty stomach.

Not recommended for use in children.

Gluten free; 100% vegetarian; no artificial flavors or colors.







Caution. As with any dietary supplement, you should advise your healthcare professional of the use of this product. If you are taking medication, or are nursing, pregnant, or considering pregnancy, you should consult your healthcare professional prior to using this product. Discontinue use and contact your healthcare professional if you experience a side effect or an allergic reaction. Do not exceed suggested use. Keep out of reach of children.

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

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