

10g
protein

5g
fiber



new



protein puffs

10g protein • 5g fiber

cheddar cheese

cheddar cheese



Nutrition Facts	
8 servings per container	
Serving size	1.50 oz (42g)
Amount per serving	
Calories	181
% Daily Value*	
Total Fat 9g	14%
Saturated Fat 1g	5%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 290mg	12%
Total Carbohydrate 20g	7%
Dietary Fiber 5g	20%
Total Sugars 1g	
Includes 0g Added Sugars	0%
Protein 10g	
Vitamin D 0mcg	0%
Calcium 42mg	3%
Iron 3mg	15%
Potassium 100mg	3%

*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

INGREDIENTS: Organic Pea Grits, Organic Rice Flour, Organic Pea Protein, Organic Sunflower Oil and/or Organic Safflower Oil, and Organic Cheddar Cheese Seasoning (Organic Maltodextrin, Organic Cheddar Cheese [(Organic Milk, Cultures, Salt, Enzymes), Disodium Phosphate], Organic Tapioca Solids, Sea Salt, Organic Annatto Extract, Natural Flavor, Yeast Extract, Lactic Acid, Citric Acid, Organic Flavor). Contains: MILK.

ALLERGENS: made in a facility that processes milk, tree nuts, wheat, soy, and sesame seeds.

distributed by i won nutrition, co. corte madera, california 94925

certified organic by QAI



made in U.S.A.



we're on a mission to create great tasting, organic, protein snacks made from the finest, plant-based ingredients. snacks that are soy-free, gluten-free and have little to no sugar. snacks that leave you and your family guilt-free while snacking on the go.

to health and happiness,

mark samuel
proud dad and founder

i give back

we're passionate about giving back. we donate 5% of profits to youth organizations in our local communities.

#iwonfeeling



questions? contact us at
info@iwonorganics.com or 800.496.6154 | iwonorganics.com



SKU: 6366