

PERFORMIX PRO GAINER +

Size matters, but it should be quality over quantity. When putting on mass, you look to build colossal muscle and impressive strength, while maintaining a lean and fit body composition. We combine an abundance of quality protein with a multi-phase carbohydrate blend along with creatine, leucine and time-release glutamine for a formula ideal for explosive growth. They work together to create the perfect macronutrient profile for putting on massive amounts of lean muscle, and providing you with sufficient recovery from even the most demanding training regimen.

Muscle Growth: Build mass with our optimally designed macronutrient profile, containing an abundance of protein and carbohydrates, combined with creatine and leucine. This formula provides you with the right elements to accelerate strength and muscle growth by providing an ample ratio of these key nutrients.¹

Recover, Rebuild, and Recharge: Time-release glutamine beads help you repair muscle, support endurance and aid recovery from challenging training as you continue to gain mass.¹

Multi-Phase Carbohydrate Blend: If you want quality size, you need quality ingredients. Our multiphase blend of carbohydrates combines fast-digesting high-glycemic carbs with low-glycemic whole-food sourced carbs. This means you get the benefits of quickly absorbing carbs for immediate muscle-building and recovery along with the advantages of a longer absorbing plant-based carb source.¹

PRO GAINER +

MULTI-PHASE MASS GAINER¹ + TIME-RELEASE GLUTAMINE

PERFORMIX™

PERFORMIX

DRIVEN BY INNOVATION. DEFINED BY PERFORMANCE.

Every PERFORMIX supplement is driven by our TERRA Intelligent Dosing™ technology, utilizing best in class bioavailability enhancers and intelligent dosing delivery to help maximize every single molecule's potential... period. To out perform, out last and out do.

TERRA Coating is an innovative Multi-Coating Matrix (MCM) technology that targets pH extended release functionality. This offers an advanced delayed release coating system designed with multiple release points to help maximize ingredient performance.¹

ADVANCED MULTI-PHASE EXTENDED RELEASE

1 FREE FORM AMINO ACIDS:

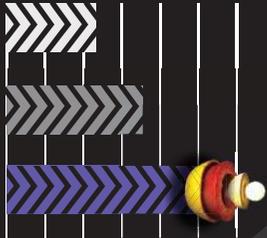
Leucine and Glutamine absorbed instantly to promote rapid recovery and stimulate muscle protein synthesis.¹

2 CARB10™:

Fast gastric emptying and slow digesting, plant-derived carb source to provide sustained recovery.¹

3 TERRA GLUTAMINE BEADS:

Time release glutamine release to encourage recovery and repair long after workout.¹



840
CALORIES PER SCOOP

149g
CARBS PER SCOOP

50g
PROTEIN PER SCOOP

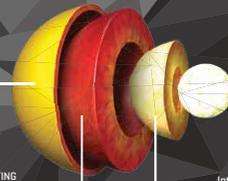
Muscle Growth¹
Recover, Rebuild, and Recharge¹
Diversified Carbohydrate Blend



DOUBLE CHOCOLATE
BROWNIE
NATURALLY & ARTIFICIALLY FLAVORED

NET WT. 5.38 LB (96.1 OZ) / 2.44 KG DIETARY SUPPLEMENT

PERFORMIX
TERRA POD
MULTI-COATING
MATRIX



DISPERSION COATING
Intelligent rate control
polymer designed for
extended release
ingredient profile.

HYDROPHILIC COAT

Intelligent carrier control
pore former within
the dispersion coat
provides delayed release
functionality.

TERRA TARGET
INGREDIENTS

These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

SUGGESTED USE: As a dietary supplement, adults mix 1 serving (2 scoops) with 16 ounces of cold water immediately after exercise or vigorous activity as needed. **Please read the entire label before use.**

Supplement Facts

Serving Size: 2 Scoops (24g)
Servings Per Container: 10

Amount Per Serving		% Daily Value*
Calories	840	—
Total Fat	7g	9%
Saturated Fat	4g	20%
Cholesterol	115mg	38%
Total Carbohydrate	149g	54%
Dietary Fiber	5g	18%
Total Sugars	43g	**
Includes 35g Added Sugars		70%
Protein	50g	100%
Calcium	194mg	15%
Sodium	470mg	20%
L-Glutamine	7g	**
L-Leucine	7g	**
Creatine Monohydrate	5g	**
Betaine Anhydrous	3g	**
Medium Chain Triglycerides	1g	**

*Percent Daily Values are based on a 2000 calorie diet.
** Daily Value not established.

OTHER INGREDIENTS: Whole Food Carb Blend (Carb10™ (Legume-based starch derived from *Pisum sativum* [peas]), Modified (rice, arrowroot, buckwheat, chick, millet, and tubers)), Protein Blend (Whey Protein Concentrate, Whey Protein Isolate, Whey Protein Hydrolysate), Maltodextrin, Dextrose, Cocoa Powder (Processed with Alkali), Natural and Artificial Flavors, Salt (Sodium Chloride), Gum Arabic, Xanthan Gum, Guar Gum, Fructooligosaccharide, Sucralose, Acesulfame Potassium, Ethylcellulose, Povidone, Silicon Dioxide, Polyethylene Glycol, FD&C Yellow #5

CONTAINS: Milk and Soy

This product was produced in a facility that may also process ingredients containing milk, eggs, fish, crustacean shellfish, tree nuts, peanuts, wheat and soybeans.

Distributed by: Performix LLC, 221 S. Cherokee St., Denver, CO 80223
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Medicarb™ is a trademark of VDF-FutureDietetics, Inc.
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WARNING: DO NOT USE IF PREGNANT, NURSING, OR PLAN ON BECOMING PREGNANT. THIS PRODUCT IS INTENDED FOR USE BY HEALTHY ADULTS OVER THE AGE OF 18. Do not use this product continuously for more than 8 weeks. Do not combine with alcohol. Not intended for use by those with a medical condition. Use only as directed. Do not exceed recommended daily intake. Consult a physician or licensed qualified health care professional prior to use if you are pregnant, or nursing, or if you are taking medication, or if you have a medical condition, including, but not limited to, heart, liver, kidney, or thyroid disease, psychiatric or epileptic disorders, enlarged prostate or glaucoma. Discontinue 2 weeks prior to surgery or if you experience rapid heart beat, dizziness, severe headache or shortness of breath. **DO NOT USE IF SAFETY SEAL UNDER CAP IS BROKEN. KEEP OUT OF THE REACH OF CHILDREN.** www.performix.com

Store in a cool (50-80°F) dry place. Please recycle ♻️



Proudly made in the USA with carefully selected ingredients of international and domestic origin.

