



PURE SPIRULINA CRUNCHIES®

A NUTRIENT-RICH BOOST FOR SNACKS & SMOOTHIES





NET WT. 4oz (II3g)

Spirulina Crunchies™

Spirulina is a microscopic freshwater algae named for its tiny spiral shape. Long ago, the Aztecs skimmed spirulina from the surface of lakes and ponds, sun-drying their harvest into small, nourishing superfood cakes. Spirulina's abundance of chlorophyll gives it a deep. emerald-green color. Rich in vitamin A as well as a good source of B vitamins and iron. spirulina is also made up of 75% protein including all nine essential amino acids.

The Sunfood Difference™

Our spirulina is grown in an isolated environment without the use of pesticides or synthetic fertilizers, and is free of contaminants. After harvest, it is ground into a paste, pressed into spaghetti-like strands and gently air-dried at low temperatures. This truly raw process creates the extraordinary crunch & flavor of Spirulina Crunchies™.

Suggested Recipe

AZTEC ORANGE JUICE

I tsp Spirulina Crunchies™ 16 oz orange juice 1/2 cup ice

I tsp Coconut Palm Sugar



Combine all ingredients in a blender, blend on high for 20 seconds or until smooth! Eniov!

For more recipes, visit sunfood.com/recipes

SUNFOOD,COM 888 RAW FOOD (729 3663)





Serving Size: 1 tbsp (8a)

3% 1%

0%

Servings Per Container: 14

Amounts Per Serving				
Calories 30	Calories from Fat 5			
	% Daily Value*			
Total Fat 1g	1%			
Saturated Fat	:<1g 1 %			
Trans Fat 0g				
Cholesterol Or	ng 0 %			
Sodium 80mg	3%			
Potassium 100	9ma 3%			

Total Carbohydrate 2q

Dietary Fiber <1q

Sugars 0g Protein 6a

Vitamin A	112%	 Vitamin C 	0%	
Calcium	1%	• Iron	11%	
Vitamin B1	13%	• Vitamin B2	17%	
Vitamin B3	5%	• Vitamin B5	3%	
Magnesium	4%			
*Percent Daily Values are based on a 2,000 calorie diet				

Ingredients: Raw, vegan spirulina (Arthrospira platensis)

Suggested Use: Add a tablespoon of Spirulina Crunchies™ to your favorite smoothie, soup, salad, or eat straight out of the bag.

Storage: Reseal bag after opening. Store in a cool, dry place away from light.

Caution / Allergen Statement: Packaged in a gluten-free facility. May contain traces of tree nuts and peanuts.

May contain a desiccant pack. Do not eat.



