



B Compleet™ 100

Vitamin B Complex

DIETARY SUPPLEMENT

Promotes Energy Production*

100 Tablets

*This statement has not been evaluated by the FDA. This product is not intended to diagnose, treat, cure, or prevent any disease.

2071-3c

7.1875" x 2.8125"

200cc

B Compleet™ 100 provides the important B-vitamins in a balanced, high-potency formulation.

Supplement Facts

Serving Size 1 Tablet

| | Amount Per Tablet | % DV |
|---|-------------------|-------|
| Thiamin (Vitamin B-1)(from thiamin mononitrate) | 100 mg | 6667% |
| Riboflavin (Vitamin B-2) | 100 mg | 5882% |
| Niacin (as niacinamide) | 100 mg | 500% |
| Vitamin B-6 (as pyridoxine hydrochloride) | 100 mg | 5000% |
| Folate (as folic acid) | 400 mcg | 100% |
| Vitamin B-12 (as cyanocobalamin) | 100 mcg | 1667% |
| Biotin | 100 mcg | 33% |
| Pantothenic Acid (from d-calcium pantothenate) | 100 mg | 1000% |
| Inositol | 100 mg | ** |
| PABA (para-aminobenzoic acid) | 100 mg | ** |
| ** Daily Value (DV) not established | | |

POTENCY & QUALITY GUARANTEED

Dist. by Carlson Division of J.R. Carlson Laboratories, Inc.
Arlington Heights, IL 60004

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An FDA Regulated Facility

Other Ingredients: Cellulose, hypromellose, guar gum, maltodextrin, dicalcium phosphate, croscarmellose sodium, pharmaceutical glaze, alginic acid, stearic acid (veg.), magnesium stearate (veg.), silicon dioxide, watercress powder, parsley powder, spinach powder.

Directions: Adults take one tablet daily, **at mealtime**. Keep bottle tightly closed. Store away from heat and moisture.

Warning: Do not take if you are pregnant or lactating.

✓ **Gluten-free** ✓ **Sugar-free**
✓ **Preservative-free**

This formula is prepared to disintegrate over a period of up to 1 hour.



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