

Manganese supports bone health and plays a role in joint health.\* Manganese-containing enzymes are needed for healthy cartilage production.\* Manganese also nourishes nerves and works with Super Oxide Dismutase (SOD) to function as an antioxidant in cells.\* This formulation provides a patented form of chelated manganese.

†US Patent No.'s 6,706,904 and 6,716,814 licensed by Albion International, Inc.

Carefully Manufactured by:  
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# CHELATED MANGANESE

SUPPORTS BONE, JOINT  
& NERVE HEALTH\*



NON-GMO  
GLUTEN, WHEAT & DAIRY FREE  
SUITABLE FOR VEGANS



100 TABLETS

DIETARY SUPPLEMENT

## Supplement Facts

Serving Size: 1 Tablet

Amount Per Serving	%DV
Manganese 8 mg (as manganese glycinate amino acid chelate†)	348%

DV = Daily Value

Other Ingredients: Dicalcium Phosphate,  
Microcrystalline Cellulose, Vegetable  
Cellulose, Vegetable Magnesium Stearate.

**FREE OF: Gluten, Wheat, Dairy, Soy,  
Yeast, Sugar, Sodium, Artificial  
Flavor, Sweetener, Preservatives  
and Color.**

**SUGGESTED USE:** As a dietary  
supplement for adults, take one  
(1) tablet daily, preferably with a  
meal or as directed by a healthcare  
practitioner.

If you are pregnant, nursing, taking  
any medications or have any medical  
condition, please consult your healthcare  
practitioner before taking any dietary  
supplement. Discontinue use and consult  
your healthcare practitioner if any adverse  
reactions occur. Keep out of reach of  
children. Store at room temperature.  
Do not use if outer bottle seal is missing  
or damaged.

Solgar's KOF-K certification # K-1250

\*These statements have not been evaluated by the Food  
and Drug Administration. This product is not intended to  
diagnose, treat, cure or prevent any disease.

