


ANS Methyl Pump 3.0 - CHERRY LIMEADE


Full Bottle Shrink Sleeve
 McDowell Sleeve Template #2246
 Date: 03/23/17
 V.1.1


UPC: 814995020536
 Item: ANS-143

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WARNING: DO NOT USE IF PREGNANT, NURSING, OR PLAN ON BECOMING PREGNANT. THIS PRODUCT IS INTENDED FOR USE BY HEALTHY ADULTS OVER THE AGE OF 18 AND SHOULD BE AVOIDED BY THOSE SENSITIVE TO CAFFEINE OR OTHER INGREDIENTS THAT HAVE KNOWN STIMULANT EFFECTS. Contains caffeine. Do not use this product continuously for more than 8 weeks. Do not combine with alcohol. Not intended for use by those with a medical condition. Use only as directed. Do not exceed recommended daily intake. Do not consume caffeine from other sources, including, but not limited to, coffee, tea, soda and other dietary supplements or medications containing phenylephrine or caffeine. Consult a physician or licensed qualified health care professional prior to use if you are pregnant or nursing, or if you are taking medication, including, but not limited to MAO inhibitors, antidepressants, aspirin, nonsteroidal anti-inflammatory drugs or products containing phenylephrine, ephedrine, pseudoephedrine, or other stimulants, or if you have a medical condition, including, but not limited to, heart, liver, kidney, or thyroid disease, psychiatric or epileptic disorders, difficulty urinating, diabetes, high blood pressure, cardiac arrhythmia, recurrent headaches, enlarged prostate or glaucoma. Discontinue 2 weeks prior to surgery or if you experience rapid heartbeat, dizziness, severe headache or shortness of breath. DO NOT USE IF SAFETY SEAL UNDER CAP IS BROKEN. KEEP OUT OF REACH OF CHILDREN.

Store in a cool, dry place. Please recycle. 

Manufactured exclusively for and distributed by:
 **ADVANCED NUTRITION SYSTEMS™**
 ADVANCED NUTRITION LLC
 221 S. Cherokee St. Denver, CO 80223
 www.advancedns.com



HIGHLY CONCENTRATED PRE-WORKOUT†

PROVIDES **EXTREME ENERGY,** MENTAL FOCUS, AND **PUMPS.†**

ENHANCES WORKOUTS BY **DELAYING FATIGUE** WITH INGREDIENTS TO **MAXIMIZE ENDURANCE** AND STRENGTH.†

 **ADVANCED NUTRITION SYSTEMS™**

METHYL PUMP 3.0


CONCENTRATED PRE-WORKOUT
 **ENERGY†**
 **MUSCLE PUMPS†**
 **ENDURANCE†**
 **CHERRY LIMEADE**
NATURALLY AND ARTIFICIALLY FLAVORED
DIETARY SUPPLEMENT
 60 SERVINGS
 NET WT. 10.97 OZ (309.4 g)

SUGGESTED USE:
 As a dietary supplement, adults mix each serving (1 scoop) with 8-9 oz of water 20-30 minutes prior to workout. Do not take more than 1 scoop daily. This product should not be taken in combination with other products containing caffeine or other stimulants. Do not take within six hours of bedtime. Please read the entire label before use.

	Amount Per Serving	% Daily Value
Calories	0	
Total Carbohydrate	<1 g	<1%*
Sugar	0 g	**
Methyl Cut Blend	3,200 mg	**
CarnoSyn® Beta Alanine, L-Citrulline DL Malate 2:1, Taurine, Caffeine Anhydrous (299 mg), L-Arginine HCl, TeaCrine® Theacrine, Rutacarpine, L-Arginine AKG, Argemone Sulfate, DiCaffeine Malate, N-Acetyl L-Tyrosine, L-Histidine Base, Phosphatidyl Serine, Huperzine A (<i>Huperzia serrata</i>) extract (Whole Herb)		


* Percent Daily Values are based on a 2,000 calorie diet.
 ** Daily Value not established.

(OTHER INGREDIENTS: Malic Acid, Natural and Artificial Flavors, Citric Acid, Sucralose, Silicon Dioxide, Calcium Silicate, Acesulfame Potassium, Red #40.)
 This product was produced in a facility that may also process ingredients containing milk, eggs, fish, shellfish, tree nuts, peanuts, wheat, and soybeans.

 Natural Alternatives International (NAI) is the owner of patents as listed on www.carnosyn.com and registered trademark CarnoSyn®.


MADE IN THE USA Proudly made in the USA with carefully selected ingredients of international and domestic origin.


†These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.



 MATCH RED FOIL


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SILVER FOIL W/
 PANTONE 485 OVERPRINTING



 CYAN



 MAGENTA



 YELLOW


 BLACK


 PANTONE 485


 PRINT WHITE


 SOFT TOUCH


 TACTILE
 SPOT GLOSS VARNISH

CLEAR SUBSTRATE

DIE