

ORGANIC MON-GMO RAW VEGAN

GIUTEN-FREE

KOSHER

RAW ORGANIC BERRIES









NET WT. 8oz (227g)

Certified Organic Golden Berries

Golden berries, also known as Incan berries, are one of the lost crops of the Incas, and one of the few select foods grown at the ancient mountaintop citadel of Machu Picchu, A nutritional powerhouse, golden berries are rich in fiber and vitamin A which may contribute to healthy immunity, vision and bone health. A good source of vitamin C, they also have iron and protein. Golden berries have a mouth-watering, tangy sweetness that you'll love and kids will too!

The Sunfood Difference™

Our raw, certified organic and non-GMO Golden Berries are grown by indigenous farmers who have been perfecting the art of growing this fruit for centuries. Growing golden berries at just the right altitude is crucial, as the fluctuation between night and day temperatures regulates the flavor of the fruit. After harvest, the berries are gently dried at low temperatures to preserve nutrients and keep vitamins and minerals intact.

Suggested Recipe

SUPERFOOD ENERGY BLAST TRAIL MIX

1/2 cup Golden Berries 1/2 cup Goii Berries 1/2 cup Cashews

1/2 cup Cacao Nibs



Combine all ingredients in a bowl. Mix together. Enjoy!

For more recipes, visit sunfood.com/recipes

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888 RAW FOOD (729 3663)









Nutrition Facts

Serving Size: 1oz (28g) Servings Per Container: 8

Amounts Per Serving

Calories 80 Calories from Fat 10

%	Daily Value*
otal Fat 1g	2%
Saturated Fat 0g	0%
Trans Fat 0g	
Cholesterol Omg	0%
Sodium 5mg	0%
otassium 600mg	17%
otal Carbohydrate 17g	6%
Dietary Fiber 5g	20%

Protein 2q

Sugars 11a

Vitamin A	30%	 Vitamin C 	10%	
Calcium	0%	• Iron	6%	
Vitamin B1	2%	 Vitamin B3 	4%	
Phosphorus	6%	 Magnesium 	7%	
Zinc	3%	 Manganese 	10%	
*Percent Daily Values are based on a 2,000 calorie diet.				

Ingredients: Certified organic raw golden berries

Suggested Use: Golden Berries add a sweet and tangy twist to smoothies and trail mixes, or eat them straight out of the bag!

Storage: Reseal bag after opening. Store in a cool, dry place.

Caution / Allergen Statement: Packaged in a gluten-free facility. May contain traces of tree nuts and peanuts.

May contain a desiccant pack. Do not eat.



EL CAJON, CA 92020 USA CERTIFIED ORGANIC BY CCOF







