



Premium liquid coconut oil  
infused with raspberry  
flavor and aroma.

### DELICIOUS USES

- Fresh or chilled; sauces, dips and salad dressings
- Marinades for meat
- Baking & sautéing up to 350°



### THE RIGHT CHOICE

- Smart alternative cooking oil
- Stays liquid when refrigerated
- Energy source with 13 g of MCTs
- Non-hydrogenated; No trans fat  
(See nutritional information for fat content)



Always Liquid

# COCONUT PREMIUM OIL



Red Raspberry

SUPERIOR FLAVOR • 93% MCTs

NET WT 10 FL OZ (296 mL)

## Nutrition Facts

Serving Size 1 Tablespoon (15 mL)  
Servings per Container 20

### Amount Per Serving

**Calories** 130    Calories from Fat 130

% Daily Value\*

**Total Fat** 14 g    22%

Saturated Fat 13 g    67%

Trans Fat 0 g

Polyunsaturated Fat <0.5 g

Monounsaturated Fat <0.5 g

**Cholesterol** 0 mg    0%

**Sodium** 0 g    0%

**Total Carbohydrate** 0 g    0%

**Protein** 0 g    0%

Not a significant source of fiber, sugars, vitamin A, vitamin C, calcium, or iron.

\*Percent Daily Value based on a 2,000 calorie diet.

Ingredients: Coconut Oil, Natural Raspberry Flavor with Other Natural Flavors

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Questions? 1-800-9NATURE / naturesway.com

**No refrigeration required.** Store in a cool, dry place. Safety sealed for your protection. Do not use if inner freshness seal under bottle cap is broken or missing. Product of Singapore.

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**BPA FREE**



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