

**Suggested Usage:** Take 1 capsule 1 to 3 times daily.

Maca (*Lepidium meyenii*) is grown at high elevations in the Andes region of Central Peru. It has been traditionally used for centuries as a food source and as a general energy tonic. More recent scientific research suggests that Maca may help to support a healthy reproductive life for both men and women. Clinical data indicate that Maca does not exert a direct effect on endocrine function.\*

\*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

**Caution:** For adults only. Consult physician if pregnant/nursing, taking medication, or have a medical condition. Keep out of reach of children.

**Do Not Eat Freshness Packet.**  
Keep in Bottle.

CAPSULE SIZE

CODE 4721B V5



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# Maca

## 500 mg

Reproductive Health

- Sexual Well-Being\*
- For Men and Women

100 Veg Capsules

A Dietary Supplement    Vegetarian/Vegan

Non-GMO

Botanicals/Herbs

Family owned since 1968.

## Supplement Facts

Serving Size 1 Veg Capsule

### Amount Per Serving

Maca ( <i>Lepidium meyenii</i> ) (Root)	500 mg*
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\* Daily Value not established.

Other ingredients: Cellulose (capsule) and Magnesium Stearate (vegetable source).

NOW FOODS, 395 S. Glen Ellyn Rd.  
Bloomington, IL 60108, USA    nowfoods.com

Not manufactured with yeast, wheat, gluten, soy, milk, egg, fish, shellfish or tree nut ingredients. Produced in a GMP facility that processes other ingredients containing these allergens.

**Natural color variation may occur in this product.**

Store in a cool, dry place after opening.

Please Recycle.

