


 **ChildLife® Multi Vitamin & Mineral** formula provides essential vitamins with minerals and trace elements in a good tasting, easy to use, liquid formula for infants & children of all ages.

Suggested Use: **For infants 6 months - 1 yr:** 1 teaspoon daily
For children 1 - 4 yrs: 1 - 2 teaspoons daily
For children 4 - 12 yrs: 2 - 3 teaspoons daily

- Shake well before use.
- Keep refrigerated after opening.
- Give directly or mix with your child's favorite drink.

 **Health Tip:** Today's children face unprecedented challenges from two very important areas. On one hand, the nutritional value of the food we eat decreases as the nutritional content of the soil is depleted through time and modern farming methods. On the other hand, the rapid increase in environmental pollution and toxic burden creates an increased need for these nutrients – the vitamins and minerals that protect, nourish and sustain a child's natural, healthy development. Eat right and support your child's development with **ChildLife® Multi Vitamin & Mineral.***

ChildLife® uses only the highest quality ingredients. **Gluten free**, casein free, alcohol free. Contains no milk, eggs, wheat, yeast, peanuts, tree nuts, fish or shellfish. No artificial colorings, flavorings or sweeteners.

Keep out of reach of children. Tamper Resistant: Do not use if outer safety seal is broken or missing.

Manufactured for **CHILD LIFE®** Los Angeles, CA 90232 U.S.A.
 Tel: (800) 993-0332 www.childlife.net

***These statements have not been evaluated by the Food & Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.**



ESSENTIALS®
CHILD LIFE

Nutrition for Kids!®

Formulated by
 Dr. Murray C. Clarke, D. Hom., L. Ac.

Multi Vitamin & Mineral



Natural Orange/Mango Flavor

Dietary Supplement

8 fl oz (237 mL)

Tasty, natural orange-mango flavor

Supplement Facts

Serving Size: 2 Teaspoons (10 mL)
 Servings Per Container: 24

Amount Per Serving	% DV**	
	under 4 yrs	4 yr+
Calories	20	
Total Carbohydrate	5 g	† 2%
Sugars	5 g	† †
Vitamin A (as Vitamin A Palmitate and Beta Carotene)	1700 IU	68% 34%
Vitamin C (as Ascorbic Acid)	135 mg	338% 225%
Vitamin D3 (as Cholecalciferol)	275 IU	69% 69%
Vitamin E (as d-Alpha Tocopheryl Acetate)	20 IU	200% 67%
Thiamine (as Thiamine Hydrochloride)	2 mg	286% 133%
Riboflavin (as Riboflavin-5-Phosphate)	2 mg	250% 118%
Niacin (as Niacinamide)	10 mg	111% 50%
Vitamin B6 (as Pyridoxine Hydrochloride)	2 mg	286% 100%
Folic Acid	135 mcg	68% 34%
Vitamin B12 (as Cyanocobalamin)	6 mcg	200% 100%
Biotin (as d-Biotin)	65 mcg	43% 22%
Pantothenic Acid (as d-Panthenol)	7 mg	140% 70%
Calcium (as Calcium Lactate)	55 mg	7% 6%
Iodine (as Potassium Iodide)	50 mcg	71% 33%
Magnesium (as Magnesium Lactate)	15 mg	8% 4%
Zinc (as Zinc Gluconate)	5 mg	63% 33%
Selenium (as L-Selenomethionine)	35 mcg	† 50%
Manganese (as Manganese Gluconate)	1.5 mg	† 75%
Chromium (as Chromium Polynicotinate)	7 mcg	† 6%
Potassium (as Potassium Citrate)	15 mg	† <1%
Inositol	20 mg	† †
Choline Bitartrate	20 mg	4% 4%

**Percent Daily Values are based on a 2,000 calorie diet.

†Daily Value not established

Other Ingredients: Purified Water, Fructose, Natural Flavors, Citric Acid, Xanthan Gum, Potassium Sorbate, and Grapefruit Seed Extract.