

**HOST DEFENSE® IS THE #1 BEST-SELLING MUSHROOM BRAND IN THE U.S.\*:**  
The Highest Quality and Scientifically Validated

**HOST DEFENSE®**  
MUSHROOMS™

**LION'S MANE**

MADE WITH  
U.S. GROWN  
ORGANIC  
MUSHROOMS

**MEMORY &  
NERVE SUPPORT\***



**GLUTEN FREE**  
60 Vegetarian Capsules



**DIETARY SUPPLEMENT**

Guaranteed,  
Accurate Identity  
of Each Mushroom



Made with Certified  
Organic Ingredients



Non-GMO Verified  
Ingredients



Heat treated to  
proper temperature  
to ensure safety  
& bioavailability



U.S. Grown and  
Processed



Produced Under the  
Direct Supervision  
of Paul Stamets, D.Sc.



Proceeds Help to  
Save Bees, Trees,  
People & Planet



**Supplement Facts**

Serving Size: 2 Capsules Servings Per Container: 30

**Amount Per Serving**

Lion's Mane (*Hericium erinaceus*) mycelium ‡ 1 g †  
550mg polysaccharides, 5mg fatty acids

†Daily value not established ‡Certified Organic

Other ingredients: dried myceliated brown rice ‡,  
Pullulan (an extra-cellular polysaccharide)

Grown and distributed by  
**Fungi Perfecti, LLC, PO Box 7634,**  
**Olympia, WA 98507 USA**  
Toll Free: 877-504-6926  
**HOSTDEFENSE.COM**

Certified Organic by the  
Washington State  
Department of Agriculture.



**Directions for use:** As a dietary supplement, take 2 capsules once per day. Can be taken with food or without, on an empty stomach or as recommended by your healthcare advisor. Consult your healthcare advisor regarding the use of this product during pregnancy. Keep out of reach of children.

*From the Forest, to our Farm, to You™*

**HOST DEFENSE® LION'S MANE**

This beautiful species, appearing as a white waterfall of cascading icicles, is found on broad leaf trees and logs. The subject of recent studies, Lion's Mane is renowned for providing support to the brain and nervous system.\*

**HOST DEFENSE® LION'S MANE**

uses activated, optimally dried, Certified Organic mushroom mycelium, with a full spectrum of constituents: >55% (550mg/serving) polysaccharides, .5% (5mg/serving) fatty acids, and an array of extracellular constituents, including enzymes, antioxidants, and other myco-nutrients, essential for *Supporting Natural Immunity.\**

**\*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.**

\*Source: SPINScan Natural / Natural Products Supermarkets >  
\$2MM / Total US - Natural Channel / Mushrooms Ingredient Report /  
52 Wks Ending 3/20/2016