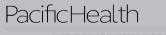
## The Gold Standard For Muscle Recovery

Developed by leading exercise physiologists Endurox R<sup>4</sup>, with its patented<sup>+</sup> ratio of carbohydrates to protein, is proven to speed muscle recovery and reduce muscle damage following exercise. No product can help you recover faster, recover better and come back stronger in your next workout.

## **Nutrition Engineered for Maximum Performance**

**Before During After** 

ACCELERADE <sup>®</sup> HYDRO™	X	X	X	
ACCELERADE®	X	X	X	
ACCEL GEL	X	X		026
2nd SURGE™	X	X	-	439
ENDUROX°R4°			X	605
ACCEL RECOVER™		X	X	
	ACCEL GEL₀ 2nd SURGE™ ENDUROX°R4°	ACCELERADE° X ACCEL GEL₀ X 2nd SURGE <sup>™</sup> X ENDUROX°R4°	ACCELERADE° X X   ACCEL GEL₀ X X   2nd SURGE™ X X   ENDUROX°R4° I I	ACCELERADE° X X   ACCEL GEL₀ X X   2nd SURGE™ X X   ENDUROX°R4° I X



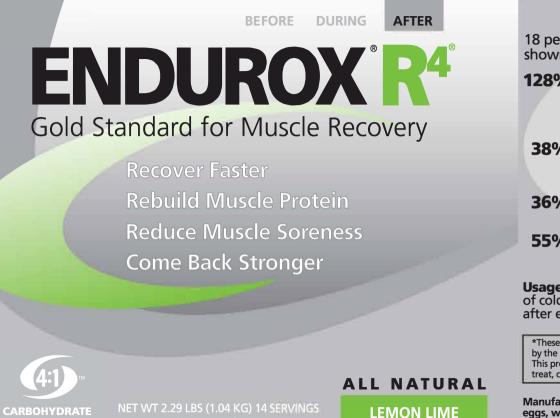
we power your passion

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Store at room temperature. Avoid excess heat above 104°F (40°C).

**PROTEIN FORMULA** 



Performance by the Numbers 18 peer reviewed studies have shown Endurox R <sup>4</sup> delivers:	Supplement Fact Serving Size 2 Scoops (74g) in 12 fl. oz. Servings Per Container 14	ts		
<b>128%</b> greater replenishment of muscle glycogen than a carbohydrate sports drink*	Amount Per Serving Calories 270 Calories from Fai	t 10		
	% Daily Value*			
		2%		
		3%		
<b>38%</b> more muscle protein synthesis than a protein drink*	Trans Fat Og			
		7%		
		7%		
		4%		
<b>36%</b> reduction in post-exercise muscle damage*	Sugars 38g	**		
	Protein 13g 2	6%		
	Vitamin C 250mg 43	0%		
55% greater endurance in	Vitamin E 215IU 73	0%		
a subsequent workout*	Calcium 225mg 2	5%		
	Magnesium 110mg 3	0%		
<b>Usage:</b> Mix 2 scoops with 12 oz. of cold water. Take immediately	Sodium 220mg	9%		
	Potassium 180mg	5%		
	L-Glutamine 420mg	**		
*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose,	*Percent Daily Values are based on a 2,000 ca diet **Daily Value not established Ingredients: Dextrose, maltodextrin, protein concentrate, soy protein isolate,	whey		
treat, cure or prevent any disease. Manufactured in a facility that processes eggs, wheat, tree nuts, fish, crustaceans and shellfish products.	fructose, sucrose, citric acid, turmeric (fo natural flavors, soy lecithin, xanthan gur Vitamin E acetate, magnesium carbonat L-glutamine, ascorbic acid (Vitamin C), si potassium phosphate, fruit juice (for col Contains milk and soy.	r coloi m, te, alt,		

Contains milk and soy.