

Solgar's Full Potency Herbs include traditional herbal extracts in a base of active raw herbs to ensure that the full benefits are derived from the herbs. These products combine the advantages of both raw herbs and their active principles in the form of dry extracts. Our herbal formulas are specially prepared to include all the naturally occurring, synergistic constituents of the herb and not just selected, isolated, active phytochemicals. Solgar's herbal products offer the highest quality, purest herbs available worldwide.



# MILK THISTLE

(*Silybum marianum*)

## DIETARY SUPPLEMENT

Carefully Manufactured by:  
Solgar, Inc., 500 Willow Tree Road  
Leonia, NJ 07605 U.S.A.

For more information, call toll-free  
1-877-SOLGAR 4

[www.solgar.com](http://www.solgar.com)

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**250 VEGETABLE CAPSULES**  
SUITABLE FOR VEGETARIANS  
GLUTEN, WHEAT & DAIRY FREE



## Supplement Facts

Serving Size: 1 Vegetable Capsule

### Amount Per Serving

Standardized Milk Thistle Extract	100 mg*
( <i>Silybum marianum</i> ) (seed)	
(silymarin 80 mg [80%])	
Milk Thistle Powder	350 mg*
( <i>Silybum marianum</i> ) (aerial, seed)	

\*Daily Value not established

Other Ingredients: Vegetable Cellulose,  
Vegetable Magnesium Stearate.

**FREE OF: Gluten, Wheat, Dairy, Soy, Yeast,  
Sugar, Sodium, Artificial Flavor, Sweetener,  
Preservatives and Color.**

**SUGGESTED USE:** As a dietary supplement for adults, take one (1) vegetable capsule up to three (3) times daily, preferably with meals or as directed by a healthcare practitioner.

If you are pregnant, nursing, taking any medications or have any medical condition, please consult your healthcare practitioner before taking any dietary supplement. Avoid this product if you are allergic to ragweed or daisy-like flowers. Discontinue use and consult your healthcare practitioner if any adverse reactions occur. Not intended for use by persons under the age of 18. Keep out of reach of children. Store at room temperature. Do not use if outer bottle seal is missing or damaged.

Solgar's KOF-K certification #K-1250

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**FULL POTENCY HERBS**

