Directions: Take one softgel twice daily with meals.

Oregulin combines the unique potency of CO2-extracted cinnamon and fenugreek with wild, mountain-grown spices of cumin, myrtle, and oregano. Oregulin provides ideal, balanced support when combined with a healthy diet and exercise regimen.* Consult your physician if you are taking diabetic medication.

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

> Mfd. for North American Herb & Spice P.O. Box 4885, Buffalo Grove, IL 60089 1-800-243-5242 WWW.Oreganol.com



Supplement Fact Serving size: 1 softgel Servings per contained	S :: 180	
Amount Per Serving % Daily va	% Daily value	
Proprietary blend 140 mg		
Extra virgin olive oil/Austrian pumpkinseed oil	*	
Wild myrtle oil	*	
Wild cumin oil	*	
Wild oregano oil	*	
Fenugreek oil (CO2 extract)	*	
Cinnamon oleoresin (CO2 extract)	*	
Fennel oil	*	
*Daily value not established		
Other ingredients: 100% beef gelatin (BSE-free)		

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