

USAGE: Take 2 capsules per day with food or as directed by your qualified healthcare professional. **DO NOT** take late in the day.

NOTE: If you have a medical condition, are pregnant, lactating, trying to conceive, under the age of 18, or taking medications (especially blood-thinning medications), consult your healthcare professional before using this product.

Jarrow Formulas® BrainBoost™ combines clinically documented ingredients to deliver both short-term and long-term benefits. Sharp-PS® Gold supplies the form of phosphatidylserine found naturally in the brain as a conjugated complex of DHA (omega-3) fatty acid as part of the triacylglycerol tail of the phosphatidylserine phospholipid. Phosphatidylserine is important for cell membrane fluidity and improves brain uptake of DHA.* Chocamine® Plus (extract of *Theobroma cacao*) is a patented extract high in theobromine that has been shown to positively affect cognitive and motor functions, including reaction time.* Vinpocetine supports brain metabolism by increasing brain circulation, enhancing the cerebral synthesis of ATP, improving the utilization of oxygen and supporting the synthesis of several neurotransmitters that affect such critical brain functions as memory, recall, focus and mood.*

Keep out of the reach of children.

* These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

Lot #: Best Used Before:

Jarrow
FORMULAS

BrainBoost™

Supports Focus,*
Cognition* & Memory*

60
CAPSULES
DIETARY
SUPPLEMENT



Supplement Facts

Serving Size 2 Capsules	Servings Per Container 30	
Amount Per Serving	% DV	
Chocamine® Plus (extract of <i>Theobroma cacao</i>) 500 mg	†	
Theobromine	60 mg	
Caffeine	40 mg	
Sharp-PS® GOLD (Conjugated phosphatidylserine [PS]-docosahexaenoic acid [DHA] complex, supplying 100 mg PS and 6 mg DHA)	223 mg	†
Vinpocetine	5 mg	†

† Daily Value not established.

Other Ingredients: Cellulose, magnesium stearate (vegetable source) and silicon dioxide. Capsule consists of gelatin.

Contains: Soy and fish (Atlantic cod, haddock and pollock). No wheat, no gluten, no dairy, no egg, no shellfish, no peanuts/tree nuts. Sharp-PS® Gold is a registered trademark of Enzymotec, Ltd. Chocamine® Plus is protected by U.S. Patent # 7,048,941.

Distributed Exclusively by:

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