

Nutrition Facts

Serving Size 1 Bar (60g)
Servings Per Container 12

Amount per serving	
Calories 190	Calories from Fat 60
% Daily Value*	
Total Fat 7g	11%
Saturated Fat 2g	10%
Trans Fat 0g	
Cholesterol 5mg	2%
Sodium 210mg	9%
Total Carbohydrate 22g	7%
Dietary Fiber 15g	60%
Sugars 2g	
Erythritol 2g	
Protein 21g	42%

Vitamin A 0% • Vitamin C 2%
Calcium 10% • Iron 2%

* Percent Daily Values are based on a 2,000 calorie diet. Your Daily Values may be higher or lower depending on your calorie needs.

	Calories:	2,000	2,500
Total Fat	Less than	65g	80g
Sat Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	30g
Protein		50g	65g

INGREDIENTS: PROTEIN BLEND (MILK PROTEIN ISOLATE, WHEY PROTEIN ISOLATE), SOLUBLE CORN FIBER, ALMONDS, WATER, COCOA BUTTER, ERYTHRITOL, NATURAL FLAVORS, DRIED BLUEBERRIES. CONTAINS LESS THAN 2% OF THE FOLLOWING: SEA SALT, CINNAMON, BAKING SODA, SODIUM CASEINATE, CELLULOSE GUM, XANTHAN GUM, STEVIOLE GLYCOSIDES (STEVIA), SUCRALOSE, SUNFLOWER LECITHIN.

CONTAINS: MILK, ALMONDS

PROCESSED IN A FACILITY THAT ALSO PROCESSES EGGS, PEANUTS, SOY, WHEAT, AND OTHER TREE NUTS.

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EL SEGUNDO, CA 90245
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MADE IN USA WITH DOMESTIC AND IMPORTED INGREDIENTS.

QUEST NUTRITION
IS ON A MISSION TO MAKE THE
FOODS YOU CRAVE

WORK FOR YOU
NOT AGAINST YOU



*22g Carbs - 15g Fiber - 2g Erythritol = 5g Net Carbs

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PB-BM-TLCUS022318 • 100141

5g NET CARBS* | 2g SUGAR | 15g FIBER PER BAR
SEE NUTRITION FACTS FOR CALORIES AND TOTAL FAT CONTENTS

For Illustration Only 12 — 2.12 OZ (60g) Bars NET WT 1.6 LB (720g)



QUEST[®] PROTEIN BAR

21g PROTEIN
BLUEBERRY MUFFIN FLAVOR



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IS ON A MISSION TO MAKE THE
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That's why we only use complete dairy-based proteins to provide your body with all nine of the essential amino acids it needs. We use custom recipes to create our own chocolate flavored chips, cookie pieces, and other inclusions to make every bite as delicious as your cravings.

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