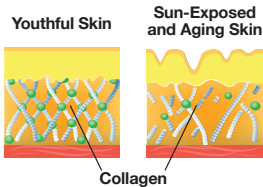


**USAGE:** Mix 1 level scoop (approx. 5.5 g) with 4 to 6 oz. of cold water or your favorite cold or cool beverage. Take 1 serving with breakfast or at bedtime or as directed by your qualified healthcare professional.

**NOTE:** If you have a medical condition, are pregnant, lactating, trying to conceive, under the age of 18, or taking medications, consult your healthcare professional before using this product.

**Collagen Optimizer™** contains natural bioactive hydrolyzed Type I fish collagen rich in hydroxyproline, which stimulates production of collagen and hyaluronic acid. Improved skin elasticity, hydration, and overall quality has been observed in humans supplemented with hydrolyzed fish collagen.\* Red Orange Complex® H (ROCH), a standardized extract made from three varieties of blood orange grown in Sicily, Italy, is a natural source of antioxidants shown to reduce UV-light induced skin damage in humans.\* Vitamin C is essential for collagen assembly and helps protect the skin against oxidative stress, while niacinamide supports skin DNA repair after UVA exposure.\* JarroSil®, Activated Silicon®, activates hydroxylation enzymes necessary for collagen cross linking, which is essential to collagen structure and function.\*



**Keep out of the reach of children.**

\* These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

Lot #. Best Used Before:

**Jarrow**  
FORMULAS®

Fish Collagen Peptides + JarroSil®  
+ Red Orange Complex® H

# Collagen Optimizer™

Promotes Collagen Production\*

Skin Elasticity\*

Sweet Citrus Flavor

5.8 OZ (165 G) POWDER NET WEIGHT  
DIETARY SUPPLEMENT

## Supplement Facts

Serving Size 1 Level Scoop (Approx. 5.5 g)  
Servings Per Container Approx. 30

	Amount Per Serving	% DV
Calories	20	
Calories from Fat	0	
Total Fat	0 g	0%
Total Carbohydrate	0 g	0%
Sugars	0 g	†
Protein	4 g	8%
Vitamin C (as ascorbic acid)	100 mg	167%
Niacinamide	50 mg	250%
Sodium	5 mg	0%
Fish Collagen Type I Blend	5,000 mg	†
Red Orange Complex® H ( <i>Citrus sinensis</i> )	100 mg	†
Silicon (JarroSil® Activated Silicon® formula of molecular clusters of stabilized silicic acid)	10 mg	†

† Daily Value not established.

Other Ingredients: Hydrolyzed bovine collagen (in JarroSil®) and organic rebiana (stevia) extract.

**Contains:** Fish (Catfish, Tilapia).

No wheat, no gluten, no soybeans, no dairy, no egg, no shellfish, no peanuts/tree nuts.

**No artificial flavors or sweeteners.**

Red Orange Complex® is a registered trademark of Bionap S.r.l.



Distributed Exclusively by:

**Jarrow FORMULAS®**  
Superior Nutrition and Formulation™  
P.O. Box 35994  
Los Angeles, CA 90035-4317  
[www.Jarrow.com](http://www.Jarrow.com)

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