30% Increase in Muscle Strength[®] WHEY PROTEIN + LEUCINE GROUP 25%

PERCENT CHANGE

"An 8-week study of athletes performing an intense resistance exercise training regimen demonstrated that those using this proprietary module of whey protein and leucine had greater increases in muscle strength and size than

on an eight-week, randomized, double-blind, placebo-controlled study of 30 healthy male volunteers comparing 1 set resistance training (RT) + active or carbohydrate placebo to 2 sets RT alone with no supplement, the active group showed equal ains in maximal muscle strength (MMS) and muscle endurance (ME) compared to the control group. *When used in conjunction with an exercise program, As with any food product, use of this product alone will not lead to increased muscle mass or strength,

Inclusion of these enzymes resulted in a 12% greater protein breakdown as measured by the release profile of the amino acid

'In a double-blind, randomized, placebo-controlled, cross-over study, 25 subjects exercised on a treadmill on two occasions. On one occasion the subjects took the thermogenic blend and on the second occasion, they took a placebo, When the subjects took the thermogenic blend, they burned 3 times more calories before, 3% more calories during and 12x more calories for up to one hour after exercise when compared to the placebo.

Aminogen® and Carbogen® are registered trademarks of Innophos Nutrition, Inc. Capsimax® trademark belongs to OmniActive Health Technologies. CereCalase® is a registered trademark of National Enzyme Company, Inc.

Enzyme Matrix™ is a GNC trademark

Typical Amounts of Key Amino Acids Per 3 Scoop Serving to Support Optimal Muscle Growth and Development**

ISOLEUCINE VALINE

GLUTAMIC ACID & GLUTAMINE ASPARTIC ACID THREONINE

CYSTINE METHIONINE TRYPTOPHAN GLYCINE

ALANINE PHENYLALANINE

PROLINE



Products bearing this logo have been tested for banned substances by LGC Science, Inc., a Trusted by Sport world-class anti-doping lab. *Product was tested for over 145 banned substances on the 2016 World Anti-Doping Agency (WADA) Prohibited List via LGC skip lot testing protocol #fCP0307. See gnc.com for more information.

KEEP OUT OF REACH OF CHILDREN. Store in a cool, dry place.

For More Information:

1-888-462-2548

SHOP NOW @ GNC.COM

General Nutrition Corporation Pittsburgh, PA 15222 USA



AMPLIFIED WHEYBOLIC EXTREME 60

- Formulated Exclusively with Whey Protein Isolate & Hydrolysates
- Fuels a Ripped Physique, Muscle Strength, Growth & Recovery * **
- Energizing Thermogenic Shred Complex Provides 300% Increase in Calorie Burning^{**}

60g 18g 3g 200mg PROTEIN BCAA SUGAR CAFFEINE

CLINICALLY RESEARCHED







DIRECTIONS: As a dietary supplement, consume 1-3 scoops of GNC Pro Performance® AMP Amplified Wheybolic Extreme 60™ Ripped in 4, 8 or 12 fl oz of cold water, respectively, before and/or after exercise. This product can also be consumed first thing in the morning and/or between meals. For extreme results, consume the full 3 scoop serving twice per day in conjunction with your exercise program.

Daily Dose	Protein	Thermogenic Shred Complex	Benefit
1 scoop	20 g	233.6 mg	Helps meet protein needs & fuels metabolism*
2 scoops	40 g	468.3 mg	Fuels muscles & metabolism, supports recovery**
3 scoops	60 g	705 mg	Increases strength by 30%, boosts calorie burning & metabolism while fueling a ripped physique^o*

Supplement Facts

Serving Size Servings Per Container Amount Per Serving		27.3 g) 45	2 Scoops (54.6 g) 22 % Daily Value		3 Scoops (82 g) 15 % Daily Value	
		Value				
Calories	90		190		280	
Calories from Fat					10	
Total Fat			0.5 g	1%†	1 g	2%†
Saturated Fat					0.5 g	3%†
Cholesterol	5 mg	2%	15 mg	5%	20 mg	5%
Total Carbohydrate	2 g	1%†	5 g	2%†	7 g	2%†
Sugars	1 g	*	2 g	*	3 g	*
Protein	20 g		40 g		60 g	
Niacin (as Nicotinic Acid)	6.6 mg	33%	13.3 mg	67%	20 mg	100%
Calcium	100 mg	10%	200 mg	20%	300 mg	30%
Sodium	125 mg	5%	250 mg	10%	380 mg	16%
Potassium	135 mg	4%	270 mg	8%	400 mg	11%
Thermogenic Shred Complex						
Svetol® Green Coffee Extract (Coffea canephora) (decaffeinated green coffee beans)	133 mg	*	266 mg	*	400 mg	*
Caffeine Anhydrous	66 mg	*	133 mg	*	200 mg	*
Capsimax® Capsicum Seed Extract (Capsicum annuum) (standardized to 2% capsaicinoids=2 mg)		*	66 mg	*	100 mg	*
Piperine (Piper nigrum)(from Black Pepper Fruit Extract)		*	3.3 mg	*	5 mg	*
Metabolizer Matrix						
Alanine (as Whey Protein Isolate, Hydrolyzed Whey Protein)		*	2 g	*	3 g	*
Tyrosine (as Whey Protein Isolate, Hydrolyzed Whey Protein)		*	1.26 g	*	1.9 g	*
Methionine (as Whey Protein Isolate, Hydrolyzed Whey Protein)		*	866 mg	*	1.3 g	*
L-Carnitine (as Carnitine Tartrate)		*	666 mg	*	1 g	*
Amino Acid Complex						
Glutamic Acid & Glutamine (as Whey Protein Isolate, Hydrolyzed Whey Protein)		*	6.66 g	*	10 g	*
Leucine (as Whey Protein Isolate, Micronized Leucine, Hydrolyzed Whey Protein)		*	6.66 g	*	10 g	*
Arginine (as Whey Protein Isolate, Hydrolyzed Whey Protein)		*	666 mg	*	1 g	*
Amino Acceleration System						
Enzyme Matrix™ Blend (Amylase, Protease 4.5, Protease 6.0, CereCalase® [Hemicellulase, Beta-glucanase, Bromelain, Protease 3.0, Lipase, Protease AM, Invertase, La Amylase, Collulase, Hemicellulase)						*

Percent Daily Values are based on a 2.000 calorie diet Daily Value not established.

OTHER INGREDIENTS: Protein Blend (Whey Protein Isolate, Hydrolyzed Whey Protein), Natural and Artificial Flavors, Lecithin, Sodium Citrate, Cellulose Gum, Sucralose, Titanium Dioxide, Acesulfame Potassium. CONTAINS: Milk and Sovbeans.

3 Scoops Supply 200 mg of Caffeine.

WARNING: Consult your physician prior to using this product if you are pregnant, nursing, taking medication, or have a medical condition. Discontinue use two weeks prior to surgery.

NOTICE: Use this product as a food supplement only, Do not use for weight reduction, Significant product

GNC's most advanced protein, Amplified Wheybolic Extreme 60™ Original, has evolved even further to help meet your specific training goals, build lean muscle and fuel a ripped and muscular physique. This product is the only thermogenic-enhanced, clinically proven whey protein isolate designed to help you support lean muscle mass and fuel a shredded physique. * With a base of whey and leucine, this formula is clinically proven to fuel increased strength, muscle size and a 100% increase in exercise efficiency.◊□* Our GNC scientists have AMPed up the protein with a Metabolizer Matrix and an Energizing Thermogenic Shred Complex with clinically proven ingredients to maximize your results.*

his breakthrough formula takes protein functionality and erformance to new levels so you can achieve chiseled, highly eveloped muscles.**

Energizing Thermogenic Shred Complex & Metabolizer Matrix Amplified Wheybolic Extreme 60™ Ripped delivers proven gredients in the powerful Energizing Thermogenic Shred Complex help increase energy and calorie burning, support training erformance and speed up metabolism.^* Included is the clinically udied Green Coffee Bean Extract. In addition, the Metabolizer Natrix features a blend of key amino acids specifically designed to elp fuel the metabolism of long chain fatty acids.* Combining nine, tyrosine, methionine and 1 gram of L-carnitine makes this a potent blend for any athlete looking to get ripped.** The 1 gram of -carnitine helps to transform fatty acids into energy for muscles and the body's energy production system.**

ighly Effective Whey-Leucine Base

The impressive 60 grams of protein are made entirely from two of he highest-quality, fast-absorbing forms of whey protein, isolates nd hydrolysates, including 10 grams of leucine to create an ideal environment for muscle protein synthesis.‡*± This potent blend lelivers arginine, which is involved in creatine synthesis, and 10 rams of glutamic acid & glutamine to support anabolic effects.‡± In act, the whey and leucine blend in this product has been shown to ncrease muscle strength and stamina with half the sets.◇□*

Powerful Amino Acid System

This product is loaded with an array of key amino acids necessary or muscle building and metabolism support, including L-carnitine rginine and 10 grams of glutamic acid & glutamine. *** These are mportant to help prevent breakdown of lean muscle.*±

Enzyme Matrix™ Blend for 12% Greater Protein Breakdown This digestive enzyme blend with proven bioactivity is designed to accelerate the availability and absorption of amino acids in muscles.° This proprietary enzyme blend provides a 12% greater protein breakdown for improved uptake, **

> These statements have not been evaluated by the Food and Drug Administration This product is not intended to diagnose, treat, cure, or prevent any disease.