Adult Usage: Take one (1) capsule, with or without food, 30 to 60 minutes before bedtime.

Supplement Facts

Serving Size 1 Vegetarian Capsule
Servings Per Container 30

Amount Per Serving		
Proprietary Probiotic Matrix (64 mg)	26 Billion CFU	†
Lab4™ Clinical Cultures		
Lactobacillus acidophilus (ATCC SD6865)		
Lactobacillus acidophilus (ATCC SD6866)		
Bifidobacterium bifidum (ATCC SD6869)		
Bifidobacterium animalis subsp. lactis (ATCC SD6870)		
Active Microbiome Blend		
Lactobacillus rhamnosus IMC501		
Lactobacillus paracasei IMC502		
Gamma-Aminobutyric Acid (from PharmaGABA®)	100 mg	†
Valerian Extract (root)(0.8% valerenic acids)	50 mg	†
Melatonin (immediate release)	0.75 mg	†
Melatonin (delayed release)	0.75 mg	†

† Daily Value not established.

Other Ingredients: Hypromellose, microcrystalline cellulose, maltodextrin, silica, starch, magnesium stearate, titanium dioxide, FD&C Red #40 and FD&C Blue #1.
Distributed by Adaptive Health, Charlotte, NC 28202
Made in the UK

PRECAUTIONS: For adult use only at bedtime. This product causes drowsiness and sleepiness. Do not use during the daytime, with alcohol, when driving or while operating heavy machinery. Consult a healthcare practitioner before use if you are pregnant or nursing, have a serious medical condition or use any medications; as there may be product interactions or diminished benefits from your probiotics, especially if taken around the same time as antibiotics or corticosteroids.
No refrigeration necessary. Guaranteed potency through expiration date.
Keep out of the reach of children. Keep product at room temperature and humidity [59-77°F (15-25°C), 60% RH].

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PEPTIVA®

CLINICALLY VALIDATED PROBIOTICS

+ SLEEP SUPPORT

- Multi-Strain Probiotic Matrix
- Renews Digestive Health*
- Guaranteed Potency
- Doctor-Formulated

DID YOU KNOW?

Nighttime is the perfect time for your body to renew itself. As your body winds down, it's an ideal environment for the clinically validated multi-strain probiotic matrix to thrive. You can rest easy knowing your digestive health will be back on track soon!

VEGETARIAN
30
CAPSULES

PharmaGABA® is a registered trademark of Pharma Foods International Co., Ltd. (Japan).

* These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.