INGREDIENTS: PROTEIN BLEND (MILK PROTEIN ISOLATE, WHEY PROTEIN ISOLATE), SOLUBLE CORN FIBER, ALMONDS, WATER, OATS**, UNSWEETENED CHOCOLATE, NATURAL FLAVORS, ERYTHRITOL. CONTAINS LESS THAN 2% OF THE FOLLOWING: COCOA BUTTER, SEA SALT, CINNAMON, SUNFLOWER LECITHIN, STEVIOL GLYCOSIDES (STEVIA), SUCRALOSE.

CONTAINS: MILK, ALMONDS, WHEAT** ** Trace amounts are unavoidable in field grains. Oats used in this product are certified gluten free.

PROCESSED IN A FACILITY THAT ALSO PROCESSES EGGS, PEANUTS, SOY, AND OTHER TREE NUTS.

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QUEST BAR



OATMEAL CHOCOLATE CHIP FLAVOR

5g NET CARBS* | 1g SUGAR | 16g FIBER PER BAR SEE NUTRITION FACTS FOR CALORIES AND TOTAL FAT CONTENTS.

*23g Carbs - 16g Fiber - 2g Erythritol = 5g Net Carbs





Nutrition Facts

Serving Size 1 Bar (60g)
Calories 190
Calories from Fat 60
*Percent Daily Values are
based on a 2 000 calorie diet

Amount/serving % Daily Value*	Amount/serving % Daily Value*
Total Fat 7g 11%	Total Carbohydrate 23g 8%
Saturated Fat 1.5g 8%	Dietary Fiber 16g 64%
Trans Fat 0g	Sugars 1g
Cholesterol 5mg 2%	Erythritol 2g
Sodium 190mg 8%	Protein 20g 40%
Vitamin A 0% • Vitamin C 09	% • Calcium 10% • Iron 4%



For Illustration Only NET WT 2.12 OZ (60g)