

ACTUAL
SIZE



CODE 0372

V5

body receives an adequate supply.

As more people avoid sun exposure, Vitamin D supplementation becomes even more necessary to ensure that your

Do not exceed the recommended dose. Consult your health care practitioner if you have any kidney disorders, hypercalcemia, are taking any medications, or are pregnant/lactating. Keep out of reach of children.

SUGGESTED USAGE: As a dietary supplement, take 1 softgel every 2 days with a meal, or as directed by your health care practitioner.

Vitamin D-3 5,000 IU

STRUCTURAL SUPPORT

Highest Potency

- Helps Maintain Strong Bones
- Supports Dental Health*

120 Softgels

A Dietary Supplement



Supplement Facts

Serving Size 1 Softgel

	Amount Per Serving	% Daily Value
Vitamin D ₃ (as Cholecalciferol) (from Lanolin)	5,000 IU	1250%

Other ingredients: Olive Oil and Softgel Capsule (gelatin, glycerin, water).

Manufactured by NOW FOODS, 395 S. Glen Elyn Rd. Bloomington, IL 60108 Made in the U.S.A. www.nowfoods.com

Contains no sugar, salt, starch, yeast, wheat, gluten, soy, milk, egg, shellfish or preservatives.

Store in a cool, dry place. Please Recycle.

*These statements have not been evaluated by the FDA. This product is not intended to diagnose, treat, cure or prevent any disease.