



## SUPPLEMENT FACTS

Serving Size 2 Teaspoons (10 ml)  
Servings Per Container 10

Amount Per Serving	% DV	
Calories	25	
Total Carbohydrate	< 1 g	< 1%†
Proprietary Extract Blend	9.6 g	**
Manna (stem) <i>Fraxinus ornus</i> (L)		
Angelica (root)		
Cape Aloe (leaf)		
Senna (leaf)		
Chinese Rhubarb (root)		
Zedoary (root)		
Myrrh (stem)		
Carline Thistle (root)		
Camphor		
Black Cohosh (root)		
Valerian (root)		
Cinnamon (bark)		
Cardamom (fruit)		
Saffron (pistil)		

† Percent Daily Values (DV) are based on a 2,000 calorie diet.

\*\* Daily Value not established.

Other ingredients: water, alcohol

**NatureWorks®**  
**Put Nature To Work**  
**For You**

### Swedish Bitters secret formula rediscovered.

Lost for centuries, the secret herbal formula Swedish Bitters, created by Paracelsus in the 16th century, was rediscovered by a distinguished Austrian herbalist. Since then, NatureWorks Swedish Bitters has won enthusiastic praise from millions of Europeans as the definitive herbal elixir.

NatureWorks Swedish Bitters is an artfully blended extract of selected herbs of unsurpassed quality. We make the extract and analyze it to assure you of unquestionable purity and optimum potency. Swedish Bitters is the most remarkable traditional European herbal extract.

Manufactured in Germany

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Nature's Way Brands, LLC  
Green Bay, WI 54311 USA  
**Questions?**

1-800-9NATURE / naturesway.com

Original  
Formula



**NatureWorks®**

The Traditional European  
Herbal Extract

# Swedish Bitters

Used Traditionally  
for Digestion\*

**Dietary Supplement**

**3.38 fl. oz. (100 ml)**

**38% Alcohol**

This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

**Recommendation:**  
Take 1-2 teaspoons daily.  
Do not exceed  
recommended dose.  
Not for long term use.  
**Shake well before using.**  
Keep out of reach  
of children.

**NOTICE:** This product contains Senna and Chinese Rhubarb. Do not use if you have or develop diarrhea, loose stools or abdominal pain because Senna and Chinese Rhubarb may worsen these conditions and be harmful to your health. Consult your physician if you have frequent diarrhea.

**Caution:** Not for use in children under 18 years of age. Do not use if pregnant, nursing, or when nausea or vomiting are present unless recommended by a healthcare professional. Discontinue use and consult a healthcare professional if you notice a sudden change in bowel habits that persist over 2 weeks, have a liver disorder or develop symptoms of liver trouble such as abdominal pain, dark urine, or jaundice. Rectal bleeding or failure to move bowels after use may indicate a serious condition. Discontinue use and consult a healthcare professional.