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Read the entire label and follow the directions carefully prior to use.

DIRECTIONS: Take three (3) tablets daily, with or without food, or as recommended by a healthcare practitioner.

CAUTION: Individuals with in-born errors of copper metabolism (e.g. Wilson's disease) should avoid daily, chronic use of this product.

Store tightly closed in a cool, dry place.

WARNINGS:

- KEEP OUT OF REACH OF CHILDREN.
- DO NOT EXCEED RECOMMENDED DOSE.

cure, or prevent any disease.

. Do not purchase if outer seal is broken or damaged. When using nutritional supplements, please consult

with your physician if you are undergoing treatment for a medical condition or if you are pregnant or lactating. *These statements have not been evaluated by the Food and Drug

Administration. This product is not intended to diagnose, treat, Cynatine® is a registered trademark of Roxlor, LLC. VERISOL® and Bioactive Collagen Peptides® are registered trademarks of GELITA AG.

LifeExtension®

Hair, Skin & Nails **Rejuvenation Formula** with VERISOL®



Contains Clinically Validated Nutrients to Promote Beauty from Within*

Dietary Supplement

90 Tablets

Supplement Facts

Serving Size 3 Tablets • Servings Per Container 30 **Amount Per Serving** % Daily Value Niacin (as niacinamide) 90% 18 mg Vitamin B6 (as pyridoxine HCI) 2 mg 100% Biotin 2500 mcg 8333% Pantothenic acid (as D-calcium pantothenate) 13.68 ma 137% Calcium (as dicalcium phosphate) 50 ma 5% Zinc (as zinc oxide) 100% 15 mg Copper (as copper sulfate) 1.65 mg 83% VERISOL® Bioactive Collagen Peptides® 2500 mg

**Daily Value not established. Other ingredients: microcrystalline cellulose, croscarmellose sodium, stearic acid, aqueous film coating (hypromellose, glycerin, purified water). silica

500 mg

3 mg

Cynatine® HNS (providing solublized keratin)

Silicon [from std. bamboo extract (stem)]

Manufactured for: Quality Supplements and Vitamins, Inc. Ft. Lauderdale, FL 33309 . LifeExtension.com

To report a serious adverse event or obtain product information, contact 1-866-280-2852.