

**Suggested Use:** For aromatherapy use. For all other uses, carefully dilute with a carrier oil such as jojoba, grapeseed, olive, or almond oil prior to use. Please consult an essential oil book or other professional reference source for suggested dilution ratios.

**Natural essential oils are highly concentrated and should be used with care.**

**Caution:** Keep out of reach of children. Avoid contact with eyes. If pregnant or lactating, consult your healthcare practitioner before using. Not for internal use.

**now**<sup>®</sup>  
*essential oils*



100% pure  
**lavender**

*Lavandula officinalis (spp.)*

Net 2 fl. oz. (59 mL)

**Ingredients:** 100% pure lavender oil.

**Aroma:** Floral.

**Benefits:** Soothing, normalizing, balancing.

**Headache Ease Blend:**

Add 3 drops each of lavender oil, peppermint oil and chamomile oil to a diffuser and enjoy.

**Extraction Method:**

Steam Distilled from fresh flowering tops.

**Purity Tested/Quality Assured**

Manufactured by NOW Foods  
Bloomington, IL 60108, U.S.A.  
www.nowfoods.com



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