

Over 30 Organic FAMILY FARMED foods



#### CERTIFIED ORGANIC

Farmed without the use of toxic pesticides and fertilizers



# NON-GMO VERIFIED

Independent, third party verification



## VEGAN CERTIFIED

Third party certified by Vegan Action



# GLUTEN FREE CERTIFIED

Third party certified by the Gluten-Free Certification Organization (GFCO)



Finally, a Whole Food Multi that's certified organic, Non-GMO verified, from real, honest, nutritious foods.



#### MEN 40+

Whole Food Multivitamin formulated specifically for Men over 40



### HEALTH, VITALITY, STAMINA

Promotes health and well-being, including prostate, vision and heart support



# REAL FOOD FORMULA

Made from real food - over 30 fruits, vegetables and herbs



#### † These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.



CERTIFIED ORGANIC WHOLE FOOD



# MEN'S MULTI 40+

WHOLE FOOD MULTIVITAMIN





Suggested Use: Adults take 2 tablets daily with food. Not intended for children

# **Supplement Facts**

Serving Size 2 Tablets Servings Per Container 30

	Amount Per Serving	% Daily Value
Vitamin A (as Beta Carotene from Organic Food Blend)	6,250 IU	130%
Vitamin C (from Organic Food Blend)	75 mg	130%
Vitamin D (D3 from Lichen)	1,000 IU	250%
Vitamin E (from Organic Food Blend)	38 IU	130%
Vitamin K (K Complex with K2 MK-7)	80 mcg	100%
Thiamin (Vitamin B1 from Organic Food Blend)	2 mg	130%
Riboflavin (Vitamin B2 from Organic Food Blend)	2 mg	120%
Niacin (from Organic Food Blend)	25 mg	130%
Vitamin B6 (from Organic Food Blend)	13 mg	650%
Folate (from Organic Food Blend)	500 mcg	130%
Vitamin B12 (Methylcobalamin from Saccharomyces cerevisiae)	60 mcg	1000%
Biotin (from Organic Food Blend)	375 mcg	130%
Pantothenic Acid (from Organic Food Blend)	13 mg	130%
Calcium (from Organic Food Blend)	7 mg	2%
Iodine (from Organic Food Blend)	150 mcg	100%
Magnesium (from Organic Food Blend)	3 mg	2%
Zinc (from Organic Food Blend)	7 mg	50%
Selenium (from Organic Food Blend)	90 mcg	130%
Manganese (from Organic Food Blend)	1.5 mg	80%
Chromium (from Organic Food Blend)	150 mcg	130%

Organic Sesbania grandiflora (leaf), Organic Apple (fruit), Organic Guava (fruit & leaf), Organic Amla Berry (fruit), Organic Sea Kelp, Organic Holy Basil (leaf), Organic Annatto (fruit & seed), Organic Moringa (leaf), Organic Lemon (peel), Organic Beet (root), Organic Broccoli (stalk & flower), Organic Carrot (root), Organic Spinach (leaf), Organic Tomato (fruit), Organic Strawberry (fruit), Organic Cherry (fruit), Organic Lantana camara (aerial), Organic Wrightia tinctoria (aerial), Organic Blackberry (fruit), Organic Green Bell Pepper (fruit), Organic Brussels Sprout (leaf), Organic Ginger (root), Organic Blueberry (fruit), Organic Garlic (bulb), Organic Green Onion (bulb), Organic Raspberry (fruit), Organic Parsley (leaf), Organic Cauliflower (flower & stem), Organic Red Cabbage (leaf), Organic Kale (leaf), Organic Cucumber (gourd), Organic Celery (stalk), Organic Asparagus (flower & stem)

Certified Organic Prostate & Heart Support Blend	200 mg	
Organic Pomegranate (fruit)	50 mg	
Organic Pumpkin (gourd and seed)	50 mg	
Organic Turmeric standardized for curcuminoids (rhizome)	50 mg	
Organic Tomato standardized for lycopene (fruit)	50 mg	

+ Daily Value not established

Certified Organic Food Blend

Other Ingredients: Clean Tablet Technology™ Blend (patent pending): Organic Tapioca Dextrose Organic Gum Arabic, Organic Brown Rice (Concentrate & Extract), Organic Potato Starch, Organic Coating (Organic Tapioca Maltodextrin, Organic Sunflower Lecithin, Organic Palm Oil, Organic Guar Gum).

CAUTION: As with any dietary supplement, consult your healthcare practitioner before using this product, especially if you are pregnant, nursing, anticipate surgery, take medication on a regular basis or are otherwise under medical supervision



#### Keep out of reach of children.

Store in a cool, dry place. Do not use if safety seal is broken or missing. Contains no artificial colors or preservatives.

Distributed by Garden of Life LLC 4200 Northcorp Parkway, Palm Beach Gardens, FL 33410 USA

Made in the U.S.A. from foods grown in the U.S.A. www.gardenoflife.com and other countries. Certified Organic by QCS @ 2014 Garden of Life LLC

WWW.ORGANICMULTI.COM

60 Vegan Tablets

Whole Food Dietary Supplement