

Scan for  
product info

Read the entire label and follow the directions carefully prior to use.

**DIRECTIONS:** Take one (1) softgel twice daily with or without food, or as recommended by a healthcare practitioner.

**CAUTION:** Do not take if you have gallbladder problems or gallstones. If you are taking anti-coagulant or anti-platelet medications, or have a bleeding disorder, consult your healthcare provider before taking this product.

Store tightly closed in a cool, dry place.

**WARNINGS:**

- KEEP OUT OF REACH OF CHILDREN.
- DO NOT EXCEED RECOMMENDED DOSE.
- Do not purchase if outer seal is broken or damaged.
- When using nutritional supplements, please consult with your physician if you are undergoing treatment for a medical condition or if you are pregnant or lactating.

\*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.



Q01710B

# LifeExtension®

## Black Cumin Seed Oil with Bio-Curcumin®



### Modulates Regulators of Inflammation and Immunity\*

Dietary  
Supplement

60 Softgels

## Supplement Facts

Serving Size 1 Softgel

Amount Per Serving	% Daily Value
Thymocid™ organic black cumin seed oil ( <i>Nigella sativa</i> )	500 mg **
BCM-95® Bio-Curcumin® turmeric 25:1 extract (root) [std. to 95% Total Curcuminoids Complex with Essential Oils of Turmeric Rhizome by HPLC (190 mg)]	200 mg **

\*\*Daily Value not established.

**Other ingredients:** gelatin, glycerin, purified water, beeswax, carob color, sunflower lecithin.

Manufactured for:  
**Quality Supplements and Vitamins, Inc.**  
Ft. Lauderdale, FL 33309  
info@lifeextension.com • www.lef.org

To report a serious adverse event or obtain product information,  
contact 1-866-280-2852.

Thymocid™ is a trademark of Verdure Sciences, Inc.

Bio-Curcumin® and BCM-95® are registered trademarks of Dolcas-Biotech, LLC. U.S. Patents Nos. 7,883,728, 7,736,679 and 7,879,373.