

## Shilajit Capsules

Shilajit's origin lies in the ancient organic plant material preserved in the dark crevices of the Himalayan Mountains.

As the sun warms up the mountain and melts the snow, a soft, heavy resin seeps out and is collected by local farmers. This thick resin is then dried and ground into a fine powder known as shilajit, meaning "rock-invincible" in Sanskrit.

Shilajit is rich in fulvic acid and high in important nutrients like iron, calcium, selenium and magnesium.

### *The Sunfood Difference™*

Our raw Shilajit powder is meticulously harvested by hand at high altitudes to ensure the purest product possible.

It is then purified to remove any contaminants, low-temperature dried and tested to be free of pollutants before being encapsulated in an organic, vegan friendly capsule.

**Sunfood**  
SUPERFOODS

# RAW SHILAJIT CAPSULES

MINERAL-RICH SUPPLEMENT

90 Count / 700mg per capsule



✓ VEGAN  
✓ GLUTEN-FREE



## Supplement Facts

Serving Size: 1 capsule / Servings Per Container: 90

Amount Per Capsule		% DV
Raw Shilajit Extract (min. 40% fulvic acid)	700mg	**

\*\*Daily value not established

**Other Ingredients:** Vegetable cellulose (capsule)

**Suggested Use:** Take 1 to 2 vegi-caps per day with or without food as directed by your healthcare practitioner.

**Storage:** Store in a cool, dry place away from light.

**Caution / Allergen Statement:** Packaged in a gluten-free facility. May contain traces of tree nuts and peanuts.

**May contain a desiccant pack. Do not eat.**

**WARNING:** This product contains a chemical known to the state of California to cause birth defects or other reproductive harm.

The statements on this package have not been evaluated by the Food & Drug Administration. This product is not intended to treat, diagnose, cure or prevent any disease.

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