

USAGE: Mix one heaping scoop (Approx. 25 g) of **Jarrow Formulas® Virgin Whey Protein Isolate** with 6 to 8 oz. of cold water, milk, almond milk or juice, or make a smoothie, by blending with water, ice and fruit.

Jarrow Formulas® Virgin Whey Protein Isolate (WPI) is considered a virgin whey protein because it is made directly from milk. Normally, whey protein is a concentrated by-product of cheesemaking.



Jarrow Formulas® Virgin Whey Protein Isolate is derived directly from fresh milk and is processed at low temperature to better preserve the native characteristics of whey protein. Due to minimal processing, **Jarrow Formulas® Virgin Whey Protein Isolate** retains more of whey protein's beneficial components, such as immunoglobulins, lactoferrin and serum albumin.

Undenatured WHEY PROTEIN

Jarrow Formulas® Virgin Whey Protein Isolate is rich in essential amino acids (approximately 12 g per serving), and specifically higher in leucine, cysteine and tryptophan compared to whey protein as a by-product of cheesemaking.

**Keep out of the reach of children.
Store in a cool, dry place.**

PROCESSED
at **LOW**
TEMPERATURES

22g
PROTEIN
per serving

12g
ESSENTIAL AMINO ACIDS
per serving

<1g
LACTOSE
per serving

NO SWEETENERS

SATURATED FAT FREE

100% FAT FREE

Jarrow
FORMULAS®



Virgin

**WHEY
PROTEIN**

I S O L A T E

THE BETTER TASTING WHEY

NET WEIGHT
16 OZ (450 G) POWDER

UNFLAVORED

Nutrition Facts

Serving Size 1 Heaping Scoop (Approx. 25 g)
Servings Per Container Approx. 18

Amount Per Serving	
Calories 90	
	% DV*
Total Fat 0 g	0%
Saturated Fat 0 g	0%
Cholesterol 0 mg	0%
Sodium 25 mg	<2%
Potassium 100 mg	4%
Total Carbohydrate <1 g	<1%
Sugars <1 g	**
Protein 22 g	44%
Calcium	8%

Not a significant source of calories from fat, trans fat, dietary fiber, vitamin A, vitamin C and iron.

* Percent Daily Values are based on a 2,000 calorie diet. Your Daily Values may be higher or lower depending on your calorie needs.

** Daily Value not established.

	Calories	2,000	2,500
Total Fat	Less than	65 g	80 g
Saturated Fat	Less than	20 g	25 g
Cholesterol	Less than	300 mg	300 mg
Sodium	Less than	2,400 mg	2,400 mg
Total Carbohydrate		300 g	375 g
Dietary Fiber		25 g	30 g

Calories Per Gram:
Fat 9 Carbohydrate 4 Protein 4

Ingredients: Whey protein isolate and soy lecithin.

Contains: Milk (whey) and soy (from lecithin).

No wheat, no gluten, no egg, no fish/shellfish, no peanuts/tree nuts

Contains **NO** artificial flavors or artificial sweeteners.

This product can be a part of your weight-management regimen, but is not a complete nutrient source and so should not be used exclusively for weight loss. This product contains no added L-Tryptophan.

Packaged by weight, not by volume.



Distributed Exclusively by:
Jarrow FORMULAS®
Superior Nutrition and Formulation™
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Lot #. Best Used Before: