

**USAGE:** Take 1 capsule per day with food; for enhanced joint protection, take 1 capsule 2 times per day or as directed by your qualified healthcare professional.

**NOTE:** If you have a medical condition, are pregnant, lactating, trying to conceive, under the age of 18, or taking medications, consult your healthcare professional before using this product.

Curcumin protects DNA against free radicals and reactive oxygen species.\* Meriva®, a phytosome form of curcumin, is a patent-pending ingredient consisting of curcumin extract bound to phosphatidylcholine for increased absorption and bioavailability. Clinical studies show that it promotes joint health and flexibility.\*

**Keep out of the reach of children.  
Suitable for vegetarians/vegans.**

\* These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

MERIVA® is a registered trademark of Indena S.p.A.

Lot #. Best Used Before:

**Jarrow**  
FORMULAS®

Enhanced Bioavailability

# Curcumin Phytosome

## MERIVA®

Clinically Tested for Joint Health\*

**500**  
MILLIGRAMS

**60**  
VEGGIE CAPS

DIETARY  
SUPPLEMENT



www.nsfnon GMO.org

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## Supplement Facts

Serving Size 1 Capsule  
Servings Per Container 60

	Amount Per Serving	% DV
Meriva®	500 mg	†
Curcumin Phytosome Phosphatidylcholine Complex ( <i>Curcuma longa</i> ) (Rhizome) (18-22% Curcuminoids)		

† Daily Value not established.

Other Ingredients: Cellulose, silicon dioxide, magnesium silicate and magnesium stearate (vegetable source). Capsule consists of hydroxypropylmethylcellulose.

No wheat, gluten, soybeans, dairy, egg, fish/shellfish, or peanuts/tree nuts.

**Store in a cool, dry place.**

Distributed Exclusively by:

**Jarrow FORMULAS®**

Superior Nutrition and Formulation™

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