

Alpha Lipoic Acid is a coenzyme, and an excellent antioxidant choice. It is referred to as the universal antioxidant because it is water and fat soluble, enabling it to function in both the membrane and aqueous parts of cells, to help fight cell damaging free radicals in the body. Alpha Lipoic Acid supports the regeneration of glutathione, one of the body's primary antioxidants, and helps to recycle glutathione, Vitamins C and E, and Coenzyme Q10.*

Carefully Manufactured by:
Solgar, Inc.

500 Willow Tree Road
Leonia, NJ 07605 U.S.A.

For more information, call toll-free
1-877-SOLGAR 4, www.solgar.com

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SOLGB70058 02C



Since 1947

ALPHA LIPOIC ACID 200 MG

ANTIOXIDANT SUPPORT*

GLUTEN, WHEAT & DAIRY FREE
SUITABLE FOR VEGANS
Non-GMO



50 VEGETABLE CAPSULES

DIETARY SUPPLEMENT

Supplement Facts

Serving Size: 1 Vegetable Capsule

Amount Per Serving

Alpha Lipoic Acid 200 mg**

**Daily Value not established

Other Ingredients: Microcrystalline Cellulose,
Vegetable Cellulose, Vegetable Magnesium
Stearate.

**FREE OF: Gluten, Wheat, Dairy,
Soy, Yeast, Sugar, Sodium, Artificial
Flavor, Sweetener, Preservatives
and Color.**

SUGGESTED USE: As a dietary supplement for adults, take one (1) vegetable capsule twice daily, preferably with a meal or as directed by a healthcare practitioner.

If you are pregnant, nursing, taking any medications or have any medical condition, please consult your healthcare practitioner before taking any dietary supplement. Keep out of reach of children. Store at room temperature. Do not use if outer bottle seal is missing or damaged.

Solgar's KOF-K certification #K-1250

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

