



4 scoops



Mixed with favorite beverage



16+ oz.



shake well



1-4 servings based on caloric needs



daily

Suggested Use: Consume 1-4 scoops depending on your caloric and protein requirements. For each scoop, add 4-6 ounces of cold water, milk or your favorite beverage to a shaker cup or blender and mix for 30-45 seconds. Vary the amount of liquid to meet your desired taste and consistency. Using nonfat milk instead of water will give you a thicker, creamier shake.

Between Meals: Consume between meals to maintain positive nitrogen balance and support a high-calorie diet. ‡

Post-Workout: Consume 30 minutes following exercise to replenish glycogen and support maximum recovery. ‡

HIGH CALORIE ENHANCED PEPTIDE EXTREME MASS GAINER PROTEIN

Extreme Mass uses a scientifically advanced protein formula that feeds your muscle with 53 grams of amino acid packed protein in a steady stream lasting up to 3 hours. 70% of the total protein comes from pure WPC 80 for quick absorption into muscle, and 30% comes from pure Micellar Casein for sustained release protein absorption. ‡

- NO INFERIOR PROTEINS** **NO GLUTEN or SOY**
- NO ION EXCHANGED WHEY** **NO TRANS FAT or DEXTROSE**
- NO PROPRIETARY BLENDS** **NO HIDDEN INGREDIENTS**
- NO FILLERS or EXCIPIENTS** **NO BANNED SUBSTANCES**

HIGH CONCENTRATION OF BCAAs & AMINO ACIDS

Shown is the typical amino acid profile per serving which is derived from whey protein and micellar casein only. Absolutely no ingredients have been added to spike protein values.

Essential Amino Acids (EAAs)	Conditionally Essential Amino Acids (CAAs)	Nonessential Amino Acids (NAAs)
Tryptophan 1443mg	Arginine 1469mg	Aspartic Acid 4898mg
Valine ** 3223mg	Cysteine 55mg	Serine 2568mg
Threonine 3111mg	Tyrosine 2034mg	Glycine 1045mg
Isoleucine ** 3263mg	Histidine 1149mg	Alanine 2189mg
Leucine ** 5181mg	Proline 4041mg	
Lysine 4480mg	Glutamic Acid 9790mg	
Phenylalanine 1909mg	(Glutamine Precursor)	
Methionine 1150mg		

** Branched Chain Amino Acids

NUTRABIO

BUILD | REPAIR | GROW ‡

EXTREME MASS

ADVANCED ANABOLIC MASS GAINER ‡

- NO FILLERS**
 - NO EXCIPIENTS**
 - NO TRANS FAT**
- 650 Calorie Carb Formula
High Concentration of BCAAs
Complete Spectrum Amino Acid Profile

6lb

Natural Flavoring
Dietary Supplement
Net Wt. 6 lb (2722 g)

MADE IN OUR
GMP
&
FDA
INSPECTED
FACILITY

53G
PROTEIN

11G
BCAAs

NON-GMO



VANILLA

FULL LABEL DISCLOSURE

NO PROPRIETARY BLENDS | EVERY INGREDIENT DISCLOSED WITH DOSAGE

Supplement Facts

Serving size: 4 scoops (174.4 grams)
Servings per container: 16

Amount Per Serving	% Daily Value	Amount Per Serving	% Daily Value
Calories 660		Iron <1mg	4%*
Calories from Fat 50		Phosphorus (potassium phosphate) 407mg	40%*
Total Fat 6g	9%*	Iodine (potassium iodide) 201mcg	134%*
Saturated Fat 4g	20%*	Magnesium (magnesium oxide) 126mg	32%*
Cholesterol 115mg	38%*	Zinc (zinc citrate) 15mg	100%*
Total Carbohydrate 101g	34%*	Selenium (selenium chelate) 70mcg	100%*
Dietary Fiber 5g	20%*	Copper (copper oxide) 2mg	100%*
Sugars 7g	†	Chromium (chromium nicotinate chelate) 120mcg	100%*
Protein 53g	106%*	Sodium 175mg	7%*
Vitamin A (palmitate) 5031IU	100%*	Potassium (potassium phosphate) 446mg	13%*
Vitamin C (ascorbic acid) 60mg	100%*		
Vitamin D (cholecalciferol) 400IU	100%*	Maltodextrin (Long-Chain Polymeric Fraction) 93g	†
Vitamin E (dl- α -tocopheryl acetate) 30IU	100%*	Whey Protein Concentrate (WPC 80) (non-denatured) 47.7g	†
Vitamin K (phyltonadione) 80mcg	100%*	(CFM cross flow micro and ultra-filtered WPC80. Cold processed. Instantized with sunflower lecithin. Yielding 37g complete protein.)	
Thiamin (thiamine mononitrate) 1.5mg	100%*	Micellar Casein 19.7g	†
Riboflavin (Vitamin B2) 2.1mg	124%*	(Cold processed. Instantized with sunflower lecithin. Yielding 16g complete protein.)	
Vitamin B3 (niacinamide) 20mg	100%*	MCT Powder (Medium Chain Triglyceride Oil 50% / spray dried on maltodextrin) 4.5g	†
Vitamin B6 (pyridoxine HCl) 2mg	100%*	Digestive Resistant Maltodextrin 5.4g	†
Folic Acid 400mcg	100%*	Flavor Profile 1.3g	†
Vitamin B12 (methylcobalamin) 6mcg	100%*	(natural vanilla flavor 1.2g, sucralose 85mg, salt 30mg)	
Biotin 300mcg	100%*		
Pantothenic Acid (Vitamin B5) 10mg	100%*		
Calcium 690mg	69%*		

Other Ingredients: ABSOLUTELY NONE.

Allergens: Milk, Kosher, Non-GMO, Gluten Free, Soy Free, & BSE/TSE Free.
This product is intended as a dietary supplement only. Do not use as a sole source of nutrition.
THIS PRODUCT IS SOLD BY WEIGHT, NOT VOLUME. SOME SETTLING OF CONTENTS MAY HAVE OCCURRED DURING SHIPPING AND HANDLING. STORE IN A COOL DRY PLACE. SERVING SCOOP INCLUDED (MAY SETTLE TO THE BOTTOM DURING SHIPPING.)

† These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

NUTRABIO
WITHOUT COMPROMISE SINCE 1996

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YEARS
1996-2017

TRU LABEL
FULL LABEL DISCLOSURE

