

Chromium is an essential trace mineral that plays an important role in helping insulin regulate blood glucose. Along with a nutritious diet, chromium may help maintain healthy blood sugar levels already within a normal range. In addition, chromium is a component of a number of enzymes that release energy from cells and is required for proper receptor functioning necessary for nutrient metabolism. This formulation contains trivalent, biologically active chromium.\*

\*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

Solgar's KOF-K certification #K-1250

Carefully Manufactured by:

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**SOLGB70871 03D**



**CHROMIUM  
PICOLINATE  
(TRIVALENT)  
500 MCG  
ELEMENTAL CHROMIUM**

SUPPORTS HEALTHY BLOOD SUGAR METABOLISM\*

GLUTEN, WHEAT & DAIRY FREE  
SUITABLE FOR VEGETARIANS



**60 VEGETABLE CAPSULES**

DIETARY SUPPLEMENT

**Supplement Facts**

Serving Size: 1 Vegetable Capsule

Amount Per Serving	%DV
Chromium 500 mcg (as chromium picolinate)	417%

DV = Daily Value

Other Ingredients: Microcrystalline Cellulose, Vegetable Cellulose, Vegetable Magnesium Stearate.

**FREE OF: Gluten, Wheat, Dairy, Soy, Yeast, Sugar, Sodium, Artificial Flavor, Sweetener, Preservatives and Color.**

**SUGGESTED USE:** As a dietary supplement for adults, take one (1) vegetable capsule daily, preferably at mealtime, or as directed by a healthcare practitioner.

Not intended for use by pregnant or nursing women. If you are taking any medication or have a medical condition, please consult your healthcare practitioner before taking any dietary supplement. Diabetics and Hypoglycemics, use only under a physician's supervision. Keep out of reach of children. Store in a cool, dry place. Do not use if outer bottle seal is missing, torn or damaged in any way.

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**Chromax**  
chromium picolinate

