

BCAA 3:1:1

*AS A FITNESS ENTHUSIAST AND SOMEONE WHO CARES INTENSELY ABOUT THE HEALTH OF YOUR OWN BODY, MUSCLES AND PERFORMANCE, BCAA'S ARE VITAL. BCAA'S ENSURE THAT YOU RECOVER FROM WORKOUTS AND PROTECT YOUR MUSCLES FROM WASTING DURING INTENSE ACTIVITY. BCAA'S ENCOURAGE NITROGEN RETENTION IN THE MUSCLES AND FACILITATE THE RELEASE OF HORMONES SUCH AS GH, IGF-1, INSULIN AND ALSO INFLUENCE GOOD TESTOSTERONE TO CORTISOL RATIOS.

*BCAA'S WORK BY REDUCING PROTEIN BREAKDOWN IN THE MUSCLES AND ENHANCING PROTEIN SYNTHESIS. THUS BCAA'S PREVENT MUSCLE LOSS DURING WORKOUTS AND INCREASE THE RATE OF TISSUE REPAIR AFTERWARDS; VITAL FOR BUILDING AND MAINTAINING A HEALTHY, LEAN AND MUSCULAR PHYSIQUE.

*ESPECIALLY DURING TIMES OF LOWER CALORIC INTAKE, DIETING AND CONTEST PREPPING IT IS EVEN MORE VITAL THAT BCAA LEVELS ARE INCREASED SO THAT MUSCLE WASTING DOESN'T OCCUR. IT IS DURING THESE TIMES WHERE BCAA'S SHINE AS A VITAL SUPPLEMENT IN ANY ATHLETE OR HEALTHY PERSON'S ARSENAL.

MANUFACTURED IN USA



www.physiquenutrition.net



BCAA
3:1:1

*Enhances muscle recovery

*Helps prevent muscle wasting

*Increases protein synthesis

90 SERVINGS
360 Capsules

DIETARY SUPPLEMENT

NEW

SUPPLEMENT FACTS

Serving Size: 4 Capsules
Servings Per Container: 90

	Amount Per Serving	%DV
BCAA 3:1:1 Ratio Blend		
L-Leucine	1,800 mg	**
L-Isoleucine	600 mg	**
L-Valine	600 mg	**
**Percent Daily Value "DV" Not Established.		

Other Ingredients: Halal Gelatin Capsule, Microcrystalline Cellulose, Magnesium Stearate, Dicalcium Phosphate, Maltodextrin, Silica

WARNING: Not intended for use by persons under 18. Do not use if pregnant or nursing. Consult a health care provider before use if any medical conditions, or if you are using any prescription or over the counter medications. Consult a health care provider before starting any diet or exercise program. Do not exceed recommended serving. Improper use of this product will not improve results and is not advised. Use only as directed. Do not use if safety seal on this package has been broken. Store in a cool, dry place, keep out of reach of children

DIRECTIONS FOR USE: Take 1.5 servings before training and cardio. Additionally, may be taken 1-3 times in the day to enhance muscle recovery

Manufactured For:
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