

Grow Bone System Suggested Use: Adults take 4 capsules of **RAW Calcium™** daily. For best results take 2 capsules with breakfast and 2 capsules with lunch. Take 3 capsules of **Growth Factor S** in the evening on an empty stomach. **These two products are not meant to be taken at the same time of day.** Capsules may be opened and contents added to water or juice. For complete details, see booklet inside **Grow Bone System** or visit www.GardenofLife.com

Vitamin Code® RAW Calcium™

Supplement Facts

Serving Size 4 Capsules
Servings Per Container 30

	Amount Per Serving	% Daily Value
Vitamin C*	50 mg	80%
Vitamin D* (as D3)	1,600 IU	400%
Vitamin K* (as K2 MK-7)	100 mcg	130%
Calcium (naturally occurring from Algae)	756 mg	80%
Magnesium**	386 mg	100%

Strontium (naturally occurring from Algae) 3.8 mg +

Boron* 3 mg +

Silica (naturally occurring from Algae) 2.2 mg +

Vanadium (naturally occurring from Algae) 68 mcg +

RAW Organic Fruit & Vegetable Blend 360 mg +

Organic Apple (fruit), Organic Strawberry (fruit), Organic Cherry (fruit), Organic Beet (root), Organic Broccoli (stalk & flower), Organic Carrot (root), Organic Spinach (leaf), Organic Tomato (fruit), Organic Blackberry (fruit), Organic Blueberry (fruit), Organic Raspberry (fruit), Organic Green Bell Pepper (fruit), Organic Brussels Sprout (leaf), Organic Ginger (root), Organic Garlic (bulb), Organic Green Onion (bulb), Organic Parsley (leaf), Organic Cauliflower (flower & stem), Organic Red Cabbage (leaf), Organic Kale (leaf), Organic Cucumber (gourd), Organic Celery (stalk), Organic Asparagus (flower & stem)

RAW Probiotic & Enzyme Blend 64 mg +

Lipase, Protease, Aspergillopepsin, beta-Glucanase, Cellulase, Bromelain, Phytase, Lactase, Papain, Peptidase, Pectinase, Xylanase, Hemicellulase, [*Lactobacillus bulgaricus*, *Lactobacillus plantarum*] (500 Million CFU)

* Daily Value not established.

Other ingredients: Vegetable cellulose (capsule), organic rice (hull).

** Magnesium from Algae and Dead Sea minerals.

* To learn more about RAW Food-Created Nutrients™ used exclusively by Garden of Life, go to www.gardenoflife.com.

AlgaeCal RAW™ – a raw, certified organic, whole food marine algae complex containing 73 naturally occurring minerals and trace elements. AlgaeCal RAW™ is a trademark of AlgaeCal Distribution Inc. US and International patents pending.



Vitamin Code® Growth Factor S

Supplement Facts

Serving Size 3 Capsules
Servings Per Container 30

Amount Per Serving

Growth Factor S Blend 2 g+

Strontium Citrate, Strontium** (680 mg of Elemental Strontium)

RAW Organic Fruit & Vegetable Blend 75 mg +

Organic Apple (fruit), Organic Beet (root), Organic Broccoli (stalk & flower), Organic Carrot (root), Organic Spinach (leaf), Organic Strawberry (fruit), Organic Tart Cherry (fruit), Organic Tomato (fruit), Organic Blackberry (fruit), Organic Green Bell Pepper (fruit), Organic Blueberry (fruit), Organic Raspberry (fruit), Organic Brussels Sprout (leaf), Organic Ginger (root), Organic Garlic (bulb), Organic Green Onion (bulb), Organic Parsley (leaf), Organic Cauliflower (flower & stem), Organic Red Cabbage (leaf), Organic Kale (leaf), Organic Cucumber (gourd), Organic Celery (stalk), Organic Asparagus (flower & stem)

Growth Factor S Probiotic & Enzyme Blend 12 mg +

Lipase, Protease, Aspergillopepsin, beta-Glucanase, Cellulase, Bromelain, Phytase, Lactase, Papain, Peptidase, Pectinase, Xylanase, Hemicellulase, [*Lactobacillus bulgaricus*, *Lactobacillus plantarum*] (500 Million CFU)

+ Daily Value not established.

Other ingredients: Vegetable cellulose (capsule), organic rice (hull).

CAUTION: As with any dietary supplement, consult your healthcare practitioner before using this product, especially if you are under the age of 50 and/or desire to use this product for longer than 6 months, if you know or suspect you may have osteopenia, osteoporosis or other medical conditions. Do not use if you have, or are at high risk for blood clots, heart disease and/or circulatory problems. Do not use if you have kidney disease. Discontinue use and consult a healthcare practitioner in case of rash or hypersensitivity reaction, as this may be a sign of a serious allergic reaction. **NOT FOR CHILDREN, PREGNANT OR NURSING MOTHERS.**

Keep out of reach of children.

Store in a cool, dry place.

Do not use if safety seal is broken or missing.

Contains no filler ingredients, artificial colors, or preservatives.

Distributed by Garden of Life LLC Made in the U.S.A.

4200 Northcorp Parkway, Palm Beach Gardens, FL 33410 USA

www.gardenoflife.com

© 2014 Garden of Life LLC



We Buy 100% Certified Renewable Energy



Printed with vegetable based inks on 100% recyclable material



GROW BONE

TWO-PART CLINICALLY STUDIED SYSTEM

In a six month randomized, open label human clinical study, 176 healthy men and women aged 18 to 85 consumed the ingredients in the **Vitamin Code® Grow Bone System**, along with a healthy eating plan and walking program, and experienced a significant increase in bone mineral density as evidenced by comparing their before and after DEXA scans.†

The **Grow Bone System** is based upon the formula that was used in this clinical study. It is made up of two comprehensive, bone-building† formulas, **Vitamin Code® RAW Calcium™** and **Growth Factor S. RAW Calcium™** is a unique RAW, vegetarian, whole food, plant Calcium formula. **Growth Factor S** contains 680mg of elemental Strontium, a critical bone-building trace mineral.† By combining these two formulations, the ingredients in the **Grow Bone System** have been clinically studied and shown to stimulate bone growth.†

For more information, see inside booklet or visit www.GardenofLife.com

†† Regular exercise and a healthy diet with enough Calcium and Vitamin D helps you maintain good bone health and may reduce the risk of osteoporosis later in life.

† These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.



VITAMIN CODE® GROW BONE SYSTEM

CLINICALLY STUDIED BONE GROWTH REGIMENT†

RAW WHOLE FOOD **PLANT CALCIUM PLUS**

680mg ELEMENTAL STRONTIUM

INCREASE BONE MINERAL DENSITY†

WHOLE FOOD DIETARY SUPPLEMENT
30 DAY SUPPLY

CONTAINS: RAW CALCIUM™ • GROWTH FACTOR S
120 VEGETARIAN CAPSULES • 90 VEGETARIAN CAPSULES



GROW BONE SYSTEM

Vitamin Code® RAW Calcium™ and **Growth Factor S**, are two comprehensive formulas clinically studied to work together to stimulate bone growth.†

VITAMIN CODE® RAW CALCIUM™

- The First RAW Whole Food Plant Calcium Formula
- 1,600 IU Vitamin D3, RAW MK-7, Magnesium, Boron
- Free from Crushed Rock, Limestone, Chalk or Animal Bones

VITAMIN CODE® GROWTH FACTOR S

- 680mg of Elemental Strontium - A Critical Bone-Building Trace Mineral†

Go beyond bone strength† with the clinically studied **Vitamin Code® Grow Bone System**.