

#### HOW TO USE:



Drop into coffee or tea



Swallow with water



#### WHEN TO USE:



Before, during or after workouts.\*



Anytime you need high quality fat.\*



When on the road or traveling.

**Suggested Use:** MCT Oil may cause mild digestive discomfort. Introduce slowly into your diet. Start by using 1 softgel and gradually increase over several days to 5 softgels per serving to avoid an upset stomach.

KEEP OUT OF REACH OF CHILDREN.

Consult your physician or healthcare provider before using this product or any other dietary supplement.

SCAN TO REORDER



# KETO ENERGY

30 day supply

fat  
5g

caffeine  
200mg

L-theanine  
400mg

per  
serving

MCT OIL C8  
Caffeine  
L-Theanine

1,000mg - Caprylic Acid c8 - 150 softgels

Dietary Supplement

## Supplement Facts

Serving Size: 5 softgels  
Servings Per Container: 30

	Amount Per Serving	% RDV*
<b>Calories</b>	<b>50</b>	
Calories From Fat	50	
Total Fat	5g	6%
Saturated Fat	5g	25%
Medium Chain Triglycerides <small>(From Caprylic Acid C8)</small>	5000mg	**
Caffeine	200mg	**
L-Theanine	400mg	**

\*\*% Daily Value (DV) not established.  
† Percent Daily Values are based on a 2,000 calorie diet.

**Other Ingredients:** Softgel Capsule (Gelatin, Non-GMO Vegetable Glycerin, Purified Water, Annatto, Sorbitol, Natural Flavor), Beeswax, Sunflower Lecithin,

MCT  
BREAKDOWN:  
C8 100%

hello@kissmyketo.com | 310.765.1553  
8066 Melrose Ave, Suite 3 - Los Angeles, CA 90046

\*THIS STATEMENT HAS NOT BEEN EVALUATED BY THE FOOD AND DRUG ADMINISTRATION. THIS PRODUCT IS NOT INTENDED TO DIAGNOSE, TREAT, CURE OR PREVENT ANY DISEASE.



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