Health through the power of nature, that's what it means to Trust the Leaf.®

Blessed Thistle (Cnicus benedictus) root has been traditionally used to aid digestion.* Our Blessed Thistle is carefully tested and produced to superior quality standards.

Keep out of reach of children. Safety sealed with printed outer shrinkwrap and inner seal. Do not use if either is broken or missing.

GLUTEN FREE. No sugar, salt, yeast, wheat, corn, soy, dairy products, artificial colors, flavors or preservatives.

* VEGETARIAN

♦ LN10700.D02 BLK8131D





Recommendation: Take 2 capsules three times daily. If pregnant, nursing or taking any medications, consult a healthcare professional before use. Persons with allergies to plants of the Asteraceae family (including raqweed) should use this product with caution.

Supplement Facts

Serving Size 2 Capsules / Servings per Container 50

Amount Per Serving		% DV
Total Carbohydrate	<1 g	<1%†
Organic Blessed Thistle (stem, leaf, flower)	780 mg	**

†Percent Daily Values (DV) are based on a 2,000 calorie diet. **Daily Value not established.

Other ingredients: plant-derived capsule (modified cellulose)

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Verified organic by Quality Assurance International **Questions?** 1-800-9NATURE / naturesway.com