## Health through the power of nature, that's what it means to Trust the Leaf.®

NOTICE: This product contains Aloe ferox. Buckthorn. and Cascara Sagrada. Read and follow directions carefully. Do not use if you have or develop diarrhea. loose stools or abdominal pain because Aloe, Buckthorn, and Cascara Sagrada may worsen these conditions and be harmful to your health. Consult your physician if you have frequent diarrhea or if you are pregnant, nursing, taking medication or have a medical condition.

Keep out of reach of children. Safety sealed with printed outer shrink-wrap and inner seal. Do not use if either is broken or missing.

GLUTEN FREE. No sugar, salt, yeast, wheat, soy, corn, dairy products, artificial colors, flavors or preservatives.

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Recommendation: Take at bedtime as needed with a full glass of water. Adults & children age 12 years and over: Take 1 capsule. Do not take more than 1 capsule in a 24-hour period. Not recommended for children under 12 vears of age. Do not take for more than 1 week as frequent or prolonged use may result in dependence. Do not exceed recommended dosage. Not for long term use. Warning: Do not use when nausea or vomiting are present unless directed by a healthcare professional. Consult a healthcare professional if you notice a sudden change in bowel habits that persists over 2 weeks. Rectal bleeding or failure to move bowels after use may indicate a serious condition. Discontinue use and consult a healthcare professional.

## Supplement Facts Serving Size 1 Capsule

Amount Per Serving	%	DV
Proprietary Blend: <i>Aloe ferox</i> (latex), Buckthorn (bark), Cascara Sagrada Extract (bark), Fennel (seed)	360 mg	**

\*\*Daily Value (DV) not established.

Other ingredients: cellulose, plantderived capsule (hypromellose), magnesium stearate ©2016 Nature's Way Brands, LLC

Green Bay, WI 54311 USA

**Ouestions?** 1-800-9NATURE / natureswa