DIRECTIONS:

Chew 2 tablets daily or as directed, allowing 2 hours between each tablet, as a dietary supplement.

DO NOT USE IF SAFETY SEAL IS BROKEN.

Keep out of reach of small children. Store at room temperature.

‡Warning: Accidental overdose of iron containing products is a leading cause of fatal poisoning in children under 6. Keep this product out of reach of children. In case of accidental overdose call a doctor or poison control center immediately.

These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

Formulated and distributed by: Celebrate Vitamins 516 Corporate Pkwy Wadsworth, Ohio 44281 www.celebratevitamins.com 877-424-1953





Multi-Complete 45 Chewable (with Iron)

Watermelo

Dietary Supplement 60 Tablets

	Amount Per Serving	% Daily Valu
Calories	15	10 Daily Valu
Total Carbohydrate	4 g	<1%
Vitamin A (as retinyl palmitate and 50% from beta-carotene		2009
Vitamin C (as ascorbic acid)	180 mg	3009
Vitamin D (as cholecalciferol)	3,000 IU	7509
Vitamin E (as d-alpha-tocopheryl acetate)	60 IU	2009
Vitamin K (as phytonadione)	120 mcg	1509
Thiamin (as thiamin mononitrate)	12 mg	8009
Riboflavin	12 mg	7069
Niacin (as niacinamide)	40 mg	2009
Vitamin B ₆ (as pyridoxine HCl)	4 mg	2009
Folate (as folic acid)	800 mcg	2009
Vitamin B ₁₂ (as methylcobalamin and cyanocobalamin)	1,000 mcg	16,6679
Biotin	600 mcg	2009
Pantothenic acid (as D-calcium pantothenate)	20 mg	2009
Iron (as ferrous fumarate)‡	45 mg	2509
lodine (as potassium iodide)	150 mcg	1009
Magnesium (as magnesium citrate and magnesium oxide)	100 mg	259
Zinc (as zinc amino acid chelate)	30 mg	2009
Selenium (as selenium amino acid chelate)	140 mcg	2009
Copper (as copper citrate)	3 mg	1509
Manganese (as manganese amino acid chelate)	2 mg	1009
Chromium (as chromium amino acid chelate)	200 mcg	1679
Molybdenum (as molybdenum amino acid chelate)	75 mcg	1009

Other ingredients: Sorbitol, mannitol, natural flavors, stearic acid, dried coconut oil complex, citric acid, microcrystalline cellulose, magnesium stearate, silica, sucralose, and beet color. **Contains Milk**.