



# A & D

## 25,000 IU & 1,000 IU

DIETARY SUPPLEMENT

Supports Healthy Vision and Immune Function\*

250 Soft Gels

\*This statement has not been evaluated by the FDA. This product is not intended to diagnose, treat, cure, or prevent any disease.

1242-2f

7.1875" x 2.8125"

200cc

## Supplement Facts

Serving Size 1 Soft Gel

	Amount Per Soft Gel	% Daily Value
Vitamin A (as/from fish liver oil and retinyl palmitate)	25,000 IU	500%
Vitamin D3 (from fish liver oil and cholecalciferol)	1,000 IU	250%

Other Ingredients: Safflower oil. Soft Gel Shell: Beef gelatin, glycerin, water. Contains fish (cod, pollock, haddock).

**Directions:** Adults take one soft gel three times weekly, **at mealtime**. Do not exceed recommended dosage. Do not take if you are pregnant or planning to become pregnant.

- ✓ Gluten-free ✓ Milk/Casein-free
- ✓ Preservative-free

**WARNING:** The recommended daily serving of this product contains more than 10,000 IU of Vitamin A from retinol. Taking vitamin A from retinol in quantities of 10,000 IU or more is known to cause birth defects or other reproductive harm.

### POTENCY & QUALITY GUARANTEED

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