

## OUTLIFT® AMPED Product Highlights

- Experience Unreal Results from Ingredients at Full Effective Doses†
- Promotes Intense Workout Energy†
- Amplifies Muscle-Pump & Helps Reduce Fatigue†
- Enhances Power & Strength†
- Based on Solid Science†
- Full Doses Disclosed on Label†

OUTLIFT® AMPED is the extreme energy edition of our clinically dosed pre-workout powerhouse. It combines the overall performance enhancing aspect of ingredients at full effective doses with the stimulating edge of extreme energy. Experience the difference and start training at your true maximum capacity and intensity.†

**WARNING:** Not to be used by anyone under the age of 18. Do not use if pregnant or nursing. Never exceed the recommended maximum dosage. Do not consume synephrine, yohimbe, caffeine, thyroid-boosting compounds from other sources, including but not limited to coffee, tea, soda, energy drinks and other dietary supplements or medications containing phenylephrine, caffeine, or any stimulants whatsoever. This product contains caffeine. Do not use product for longer than 4 weeks and make sure that usage is followed by a 2-week-off-period. Consult your physician prior to use if you are taking any medication, including but not limited to MAO inhibitors, anti-depressants, aspirin, non-steroidal anti-inflammatory drugs or products containing phenylephrine, ephedrine, pseudoephedrine, phenylethylamine or other stimulants. Consult your physician prior to use if you have a medical condition, including but not limited to heart, liver, kidney or thyroid disease, psychiatric disorders, difficulty urinating, diabetes, high blood pressure, pernicious anemia, cardiac arrhythmia, hyper beta-alaninemia, recurrent headaches, enlarged prostate or glaucoma. Discontinue use 2 weeks prior to surgery. Immediately discontinue if you experience rapid heartbeat, dizziness, severe headaches or shortness of breath. This product contains ingredients that may be banned by some sports organizations. As individuals vary so may results from using this product. Store out of sunlight in a cool, dry place. Do not use if outer safety seal is broken. **KEEP OUT OF REACH OF CHILDREN.**

† These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

Developed by & Manufactured Exclusively for:

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RESEARCH

# OUTLIFT AMPED

EXTREME ENERGY PRE-WORKOUT POWERHOUSE†

**8G**  
CITRULLINE  
MALATE

**3.2G**  
CAROSYN®  
BETA-ALANINE

**2G**  
CREATINE  
MAGNAPOWER®

**50MG**  
TEACRINE®

Dietary Supplement  
Net Weight 15 oz (426g)

cosmic blast  
No Sugar or Artificial Colors

## SUPPLEMENT FACTS

Serving Size: 21.3g (Approx 1 scoop)

Servings Per Container: 20

	Amount per serving	% DV
Magnesium (from Magnesium Creatine Chelate)	160mg	40%
Sodium	135mg	6%
<b>OUTLIFT® AMPED Pre-Workout Powerhouse</b>		
Citrulline Malate 2:1	8g	*
Carnosyn® Beta-Alanine	3.2g	*
Betaine Anhydrous	2.5g	*
Creatine MagnaPower® (Magnesium Creatine Chelate)	2g	*
Taurine	2g	*
N-Acetyl-L-Tyrosine	750mg	*
Choline Bitartrate	500mg	*
Caffeine (Active)	350mg	*
Kaff2 Citrate 50.2% (yielding 200mg caffeine)		
Caffeine Anhydrous (yielding 150mg caffeine)		
Theacrine (as TeaCrine®)	50mg	*
Bioperine® [(Piper nigrum extract)(fruit)]	5mg	*
Rauwolscine	1.5mg	*

\* Daily Value (DV) not established.

**OTHER INGREDIENTS:** Silica, Sodium Bicarbonate, Natural and Artificial Flavor, Sucralose, Acesulfame Potassium.

**ALLERGEN WARNING:** Manufactured on equipment that processes products containing milk, egg, soybean, fin fish and wheat.

**RECOMMENDED USE:** Shake container before each use. Mix 1 scoop into 8-12 oz of cold water and drink 30-45 minutes prior to working out. Limit use to 1 serving per day. Never exceed 1 scoop. When mixing with a shaker cup, use cold water. Hold cap and cup securely in hand. Do not shake vigorously as this causes pressurization.

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LBL-OUTLIFTAMPED-150Z-CB-V2-US