

# POWERSERIES

ONE MORE REP™ is our PREMIER PRE-WORKOUT, designed to promote

**FOCUS, ENERGY, PUMP,  
PERFORMANCE, STRENGTH  
AND RECOVERY.**

ONE MORE REP™ includes Beetroot powder and L-Citrulline to support  
**MUSCLE PUMP AND FULLNESS.**

L-carnitine L-tartrate helps transfer fatty acids into the mitochondria  
of cells for energy production, which may play an important role in

**MUSCLE BUILDING,  
FAT BURNING AND  
PERFORMANCE.**

N-Acetyl-L-Cysteine is a potent antioxidant that may have a beneficial effect  
on exercise performance.<sup>1</sup>

Manufactured for and Distributed By:  
BPI Sports, 3149 SW 42nd St. Suite 200,  
Hollywood, FL 33312.

To report an adverse event or for  
more information call: 954.326.0900 (tel)  
[WWW.BPISPORTS.COM](http://WWW.BPISPORTS.COM)

 /BPIONLINE  @BPI SPORTS

 **MADE IN THE USA WITH DOMESTIC  
AND INTERNATIONAL INGREDIENTS.**

**\*THESE STATEMENTS HAVE NOT BEEN EVALUATED BY  
THE FOOD AND DRUG ADMINISTRATION. THIS  
PRODUCT IS NOT INTENDED TO DIAGNOSE, TREAT,  
CURE, OR PREVENT ANY DISEASE.**

<sup>1</sup>When combined with a proper exercise and nutrition  
regimen. Statements based on early-stage independent 3rd  
party *in vivo* and/or *in vitro* model scientific research data  
findings for individual ingredients.

# ENERGY<sup>+</sup>

# bpi SPORTS

# NEW!

POWERSERIES

# ONE MORE REP™

LEGENDARY 1.M.R™ PERFORMANCE!  
25 SERVINGS

BERRY SPLASH  
NATURAL AND ARTIFICIAL FLAVORS

# PUSH HARDER, TRAIN LONGER.™

**DIETARY SUPPLEMENT  
NET WT. 8.8 OZ (250 GRAMS)**

# POWERSERIES

TAKE  
**1 SCOOP  
BLENDED INTO  
8oz WATER  
BEFORE  
WORKOUT**

L-CITRULLINE

L-CARNITINE

BEETROOT  
POWDER

ENERGY™

## Supplement Facts

Serving Size 1 Scoop (10 grams)  
Servings Per Container 25

Amount Per Serving	% Daily Value
Niacin (Vitamin B3 as nicotinic acid)	30 mg 150%
Sodium (as Disodium phosphate)	128 mg 5%
L-Citrulline	3g **
L-Carnitine L-Tartrate	1g **
Beetroot (powder)	500 mg **
Trimethylglycine (TMG) (as betaine anhydrous)	500 mg **
N-Acetyl-L-Cysteine	500 mg **
<b>ONE MORE REP™ ENERGY BLEND (Proprietary)</b>	<b>454 mg</b>
Caffeine anhydrous	**
Theobromine	**
Phosphatidylcholine	**
Himalayan pink salt	**
Yohimbe (bark) extract (std. to 2% Yohimbine)	**

\*\* Daily Value not established.

**Other Ingredients:** Maltodextrin, natural and artificial flavors,  
citric acid, silica, malic acid, sucralose, and acesulfame K.

Please read entire label before use.

**Suggested Use:** USE ON TRAINING DAYS ONLY. Take one (1) serving (1 scoop) approximately 15-30 minutes prior to training, blended into 6-8 ounces of cold water or beverage, or as suggested by a qualified healthcare practitioner. **Important Note(s):** Do not exceed one (1) serving (1 scoop) per training day. Avoid eating food or drinking a protein shake within an hour after consuming ONE MORE REP™. To avoid sleeplessness, do not take within four (4) hours of bedtime. Taking ONE MORE REP™ with food, or on a full stomach, may diminish its effects.

**Warnings:** Not intended for use by persons under age 18. Do not exceed recommended dose. Do not take for more than eight (8) consecutive weeks. Get the consent of a licensed physician before using this product, especially if you are taking medication, have a medical condition, you are pregnant, nursing or thinking about becoming pregnant. **DISCONTINUE USE TWO WEEKS PRIOR TO SURGERY. KEEP THIS PRODUCT AND ALL SUPPLEMENTS OUT OF THE REACH OF CHILDREN.**

**Caffeine warning:** The recommended serving of this product contains approximately as much caffeine as three cups of coffee. Do not consume caffeine, or combine with synephrine, including but not limited to coffee, tea, soda and other dietary supplements or medications containing phenylephrine or caffeine. Too much caffeine may cause nervousness, irritability, sleeplessness, and occasionally rapid heartbeat. Discontinue use if you experience dizziness, severe headache, rapid heartbeat or shortness of breath.

**Caution:** ONE MORE REP™ contains the B vitamin niacin. Niacin may cause temporary flushing, tingling, skin reddening, and sensations of heat, especially if taken on an empty stomach. This is a common reaction.

**BEBETTER. BESTRONGER. BPI™**  
BERRY SPLASH  
NATURAL AND ARTIFICIAL FLAVORS

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