

INGREDIENTS: Proto Whey® protein blend (Micro Peptides™ from High-DH hydrolyzed whey protein [40% di and tripeptides]), whey protein isolate, milk protein isolate), palm oil, enriched flour (wheat flour, malted barley flour, niacin, reduced iron, thiamine mononitrate, riboflavin, folic acid), sugar, palm kernel oil, cocoa processed with alkali, fructose, natural flavors, soy lecithin, salt, baking soda, ammonium bicarbonate, stevia leaf extract.

ALLERGY INFORMATION: contains milk, wheat, soy (from lecithin). This product is manufactured on equipment that also processes peanuts.

OR-F07-001



The Einstein of Protein™
 BioNutritional Research Group
 Irvine, CA 92618 | Product of Canada
 To discover more, visit powercrunch.com

high-dh hydrolyzed whey protein in a crème filled wafer bar



power**crunch**®
 protein energy bar
 original



chocolate mint

Net Wt. 1.4 oz. (40g)

13 GRAMS PROTEIN 05 GRAMS SUGAR

treat your body smart™

Nutrition Facts

Serving Size: 1 Cookie (40g)

Calories 205

Calories from Fat 115

Percent Daily Values (DV) are based on a 2,000 calorie diet.

Amount Per Serving	% DV*	Amount Per Serving	% DV*
Total Fat 13g	20%	Potassium 250mg	7%
Saturated Fat 6g	30%	Total Carbohydrate 10g	3%
Trans Fat 0g		Dietary Fiber 1g	4%
Cholesterol 10mg	3%	Sugars 5g	
Sodium 100mg	4%	Protein 13g	26%

Vitamin A 0% • Vitamin C 0% • Calcium 10% • Iron 6%

