







Supplement Facts

Amount Per Serving %D.V.

Chromium (as Chromium Polynicotinate)	300mcg	150
Biotin 99%	5mg	1667
Gymnema Sylvestre Powder (Gymnema Sylvestre) (Leaf)	lg	
Bitter Melon Powder (Momordica Charantia Linn) (Fruit)	500mg	
Cinnamon Bark Extract (30% Polyphenols)	500mg	
(Cinnamomum Cassia Presl)		
Berberine HCI (95%) (Phellodendron	300mg	
Amurense Rupr.) (Bark)		
R-Alpha Lipoic Acid	100mg	
R-Alpha Lipoic Acid Sodium	100mg	
Banaba Leaf Extract (Corosolic Acid 2%)	60mg	
(Lagerstroemia Speciosa) (Leaf)		

(6-Paradol 12.5%) (Aframomum Melegueta) (Seed) *Daily Value (DV) Not Established Other Ingredients: Magnesium Stearate, Brown Rice Flour, Gelatin



Store at 59-86°F (15-30°C). Protect from light and moisture.